



Ballarat **Health** Services
Putting your health first

Volunteer News

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Enid receives two Ballarat City Councils Seniors Awards for 2013



Eyres House (Dementia specific Planned Activity group) volunteer Enid Gray has won not one, but two Ballarat City Council Senior of the Year awards. Not only was she awarded Senior of the Year for 2013, but she also won the Senior Volunteer of the Year. Enid has been volunteering at Eyres House for around 23 years, where she first became involved as a carer for her husband. She advocated for the development of an activity centre specifically designed for people with dementia.

Enid was also a founding member of a carer support group in the Ballarat area, and continued to be involved for 20 years. Her insight, support, positive energy and welcoming friendly nature ensured the longevity of this group. Enid's knowledge is invaluable, as she was a past carer herself and knows firsthand the many difficulties and heartache that carers go through each and every day. She enjoys helping, supporting and being part of the lives of those who are going through the journey of Dementia.

Enid works in the kitchen every Wednesday preparing lunches and scones. She is passionate about her volunteering and the staff and clients value her contributions enormously.



Enid was also invited to attend the 30th Anniversary celebrations of Alzheimer's Australia Vic on 23rd October, along with Carol Muller from Eyres House. This event coincided with the opening of the new Flagship Dementia Learning facility in Parkville. It was officially opened by Ita Buttrose AO OBE (Australian of the Year and National President Alzheimer's Australia). Enid was most humbled when she discovered that Ita had heard of her awards, and her dedication to volunteering in this area for the past 23 years. Of course, Ita wanted to meet Enid and have a photo taken with her. Thanks to Carol, we are able to share this very special moment with you all.

CONGRATULATIONS ENID!

Media and Communications at BHS

Daniel Anderson is the Manager of Media & Communications at BHS. He recently spoke at a Volunteer Liaison Group meeting. He is a former journalist, has worked in communications on the East Link Project and for the Ballarat Water Board.



Daniel's role at BHS has varied responsibilities such as:

- Media Role which involves media enquiries and releases
- His Communication role includes internal and external communications such as Health Matters & BHS News
- BHS Foundation for fundraising
- Website updates including Twitter and Facebook
- BHS Annual Report
- Community events, such as BRICC Open day.

You may have seen 'Health Matters' around the place. It is an internal newsletter aimed at staff and volunteers, and Daniel welcomes any information about all happenings at BHS, including volunteers!

It is important to remember that media statements may not be given by any BHS volunteer. All requests for information from the media should be referred to your supervisor. They will then be referred to Daniel. (Taken from the Volunteer handbook.)

And a word from Sue...

Wall of Flowers

Give a lasting gift with the Ballarat Regional Integrated Cancer Centre wall of flowers

The flyer displays a grid of 24 different flower types, each with a small image and a name. The flowers include various colors and shapes, such as purple, yellow, and orange. The names are listed in small text below each flower image.

With this newsletter is a flyer about the Wall of Flowers in BRICC. We are hoping to raise enough money as a group to purchase a 'BHS Volunteers Flower Plaque' on the Wall of flowers. Just a few dollars from each volunteer will help us raise the necessary \$2000, as well as contributing to a worthy cause. Details are on the flyer.

The end of the year rapidly approaches, so I welcome the opportunity to thank each and every one of you for another year's voluntary work for Ballarat Health Services. We have again welcomed many new volunteers, and farewelled a few also. It has been a year of growth (BRICC) and a year of change (PAGs), and we look forward with some uncertainty, with the planned demolition of Yuille House (Base Kiosk and Flower Shop). But I feel confident that the volunteer program will continue to adapt and flex with the changing needs of the organisation. Of course, my door is always open for any volunteers to come in and have a chat.

I hope to see many of you at the Christmas lunch which is on December 5th.