





The Dementia Care in Hospitals Program

A State wide Dementia Awareness and Communication Program Linked to the Cognitive Impairment Identifier- a Bedside Alert for Cognitive Impairment

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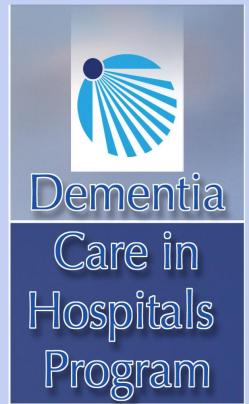
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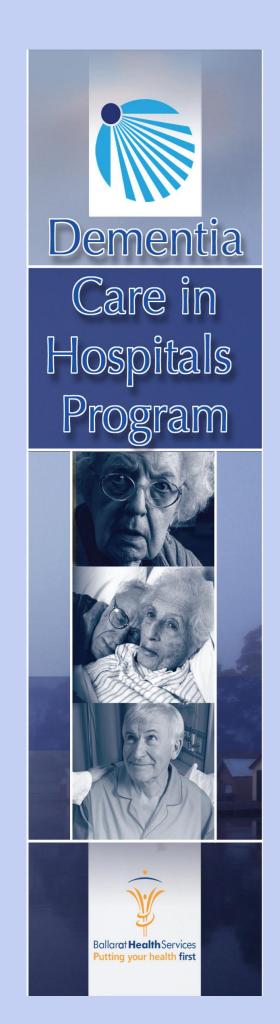






The Dementia Care in Hospitals Program (DCHP)

- Program Development and Outcomes 2003-2013
- This Program has now been introduced into 22 hospitals across Victoria
- So far there have been 3 Phases



DCHP Phase 1 - 2003

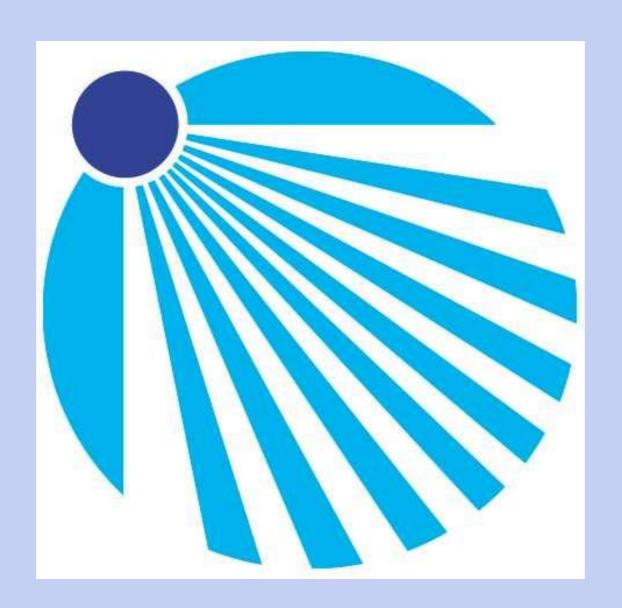
An All of Hospital Education Program to Improve the Awareness of and Communication with People with Dementia - Linked to a Visual Cognitive Impairment Identifier (CII)

Focus Groups Facilitated by Alzheimer's
Australia Victoria People with Dementia and their Carers

Educational Learnings Identifier Learnings Acceptance Content Appearance Key messages Development of teaching package **Identifier Production and Marketing Hospital Wide Education** •Image development based on key Clinical Staff Non-clinical / Corporate staff themes DCHP **Pre Intervention Care Post Intervention Care**

- Awareness of Cognitive Impairment
- Awareness of Communication Strategies
- •Use of Cognitive Impairment Identifiers
- Patient and carer satisfaction

Cognitive Impairment Identifier (CII)



"...yes, it represents all of us contributing to a common goal",

"...it resembles a sort of lighthouse, a beacon shining out",

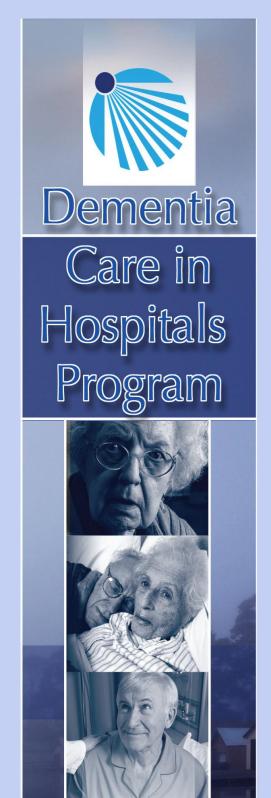






Staff Education

- Communication
- Carer engagement
- Understanding
 - Introduce yourself
 - Make sure you have eye contact at all times
 - Remain calm and talk in a matter of fact way
 - Keep sentences short and simple
 - Focus on one instruction at a time
 - Involve carers
 - Give time for responses
 - Repeat yourself... don't assume you have been understood
 - Do not give too many choices





DCHP- Policy and Process Change

- All new inpatients and pre-admission patients are screened for CI using a validated scale (MMSE, AMTS, mini-COG)
- Patients/Carers of patients with a score of 24 or less and/or abnormal clockface are invited to have the Cognitive Impairment Identifier displayed
- A nominated Carer is to be identified and engaged during the stay and at discharge







DCHP Phase 1 Results

"Staff satisfaction is important. If they burn out you lose them."

Dr Chris Baggoley 2013, Chief Medical Officer

"Quality is defined by our patients"

Dr Dave Williams 2013, Astronaut, CEO of Southlake Regional Health Centre Canada

DCHP Phase 1: Hospital Education Program Results



Care in Hospitals Program





| Self-rated measures: | | Means (1) | | | | |
|--|------|----------------------|------------------------------|-------|--|--|
| | | Direct care staff | Non- direct care staff | Total | | |
| How would you rate your confidence in | Pre | 3.06 | 2.90 | 3.00 | | |
| dealing with patients with dementia, delirium or memory and thinking difficulties? | Post | 3.24* | 3.03* | 3.15* | | |
| non none you rate your lover or commercing | Pre | 3.12 | 3.00 | 3.07 | | |
| dealing with patients with dementia, delirium or memory and thinking difficulties? | Post | 3.32* | 3.10* | 3.22* | | |
| How would you rate your level of job | Pre | 2.71 | 2.82 | 2.75 | | |
| satisfaction in dealing with patients with dementia, delirium or memory and thinking difficulties? | Post | 2.97* | 2.93* | 2.95* | | |
| How would you rate the level of | Pre | 2.79 | 2.56 | 2.71 | | |
| organisational support you receive in dealing with patients with dementia, delirium or memory and thinking difficulties? | Post | 3.00* | 2.68* | 2.86* | | |
| In your experience how well equipped is the | Pre | 2.21 | 3.24 | 2.57 | | |
| hospital environment to meet the needs of patients with dementia, delirium or memory and thinking difficulties? | Post | 2.17 | 2.96 | 2.52 | | |

Notes:

^{(1) 1 =} Very low, 2= Low, 3= Satisfactory, 4= High, 5= Very high.

^{*} Change in "desired" direction.







DCHP - Phase 1: Results

Change in Staff Practice

| Change in practice | Direct- care staff (% yes) | Non- direct care staff (% yes) | Total (% yes) |
|---|----------------------------------|---|------------------|
| Did seeing the Cognitive Identifier change the way you interact with the patient? | 79 | 61 | 76 |
| Did seeing the Cognitive Identifier change the way you interact with carers? | 43 | 29 | 40 |

"I thought more about the communication mode & made sure the patient understood what I was saying. Previously might have assumed they understood"







DCHP Phase 1: Carer Response

| Question to Carer | Satisfi | ied (%) | Dissatis | sfied (%) | | | |
|---|---------|----------|----------|-----------|--|------|--|
| | Pre | Pre Post | | Post Pre | | Post | |
| | (n=25) | (n=30) | (n=25) | (n=30) | | | |
| That the staff knew the patient has CI | 80 | 87 | 20 | 6 | | | |
| Staff introduced themselves | 70 | 81 | 25 | 0 | | | |
| Staff did not expect more than patient capable of | 75 | 84 | 20 | 6 | | | |
| Staff explained things simply | 65 | 90 | 15 | 6 | | | |
| Carer invited to provide information | 80 | 78 | 15 | 9 | | | |
| Notice taken of information volunteered by carer | 80 | 84 | 20 | 6 | | | |
| Staff understanding of challenging behaviour | 55 | 87 | 10 | 3 | | | |
| Carer given information about treatment given | 70 | 78 | 25 | 19 | | | |
| Carer given option to receive discharge information | 70 | 81 | 15 | 3 | | | |
| The hospital is "dementia friendly" | 85 | 92 | 15 | 6 | | | |
| Per cent satisfied or dissatisfied | 73 | 84.2 | 18 | 6.4 | | | |

Satisfied = Very Satisfied + Satisfied

Dissatisfied = Dissatisfied + Very Dissatisfied



Key Change Drivers in the DCHP







- Screening and education linked to the CII over the bedside
- Using an abstract graphic
- An all of hospital approach
- Consumer permission
- Executive support



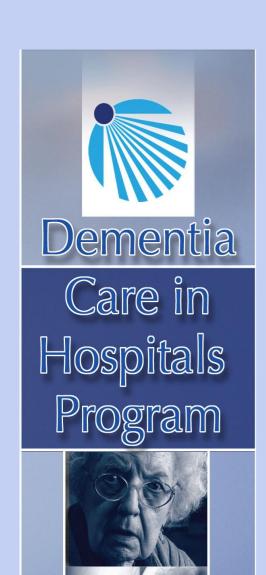




DCHP Phase 2 - 2006

Re evaluation in 7other hospitals

Improvements were seen across almost all the domains of staff knowledge, attitudes, satisfaction and perceived level of organisational support.



DCHP Phase 3 2012/3 Bupa Health Foundation

 Demonstrating transferability to the private sector

 Investigate the impact of the DCHP on hospital risk











Cabrini Staff Self-Rated Measures

| Self-rated measures: | | Average Responses (*) | | | | | | |
|---|------|-----------------------|---------------------------|--|-------------------|---------------------------|--|--------------------|
| | | Sit | Site 1 | | Site 2 | | | DCHP |
| | | Clinical Staff | Non- Clinical Staff | | Clinical Staff | Non- Clinical Staff | | Overall Average |
| How would you rate your confidence in dealing with patients with dementia, delirium or memory and thinking difficulties? | Pre | 3.39 | 3.00 | | 3.15 | 3.03 | | 3.14 |
| memory and trimking dimediales: | Post | 3.45 | 2.80 | | 3.60 | 3.50 | | 3.34 |
| How would you rate your level of comfort in dealing with patients with dementia, delirium or memory and thinking difficulties? | Pre | 3.30 | 2.98 | | 3.20 | 2.93 | | 3.10 |
| of friction y and trimking difficulties: | Post | 3.50 | 2.75 | | 3.50 | 3.50 | | 3.31 |
| How would you rate the level of organisational support you receive when dealing with patients with dementia, delirium or memory and | Pre | 2.79 | 2.70 | | 2.85 | 2.93 | | 2.82 |
| thinking difficulties? | Post | 3.12 | 2.55 | | 3.40 | 3.64 | | 3.18 |
| How would you rate your level of job satisfaction in dealing with patients with dementia, delirium or memory and thinking | Pre | 3.00 | 2.68 | | 2.68 | 2.77 | | 2.78 |
| difficulties? | Post | 3.21 | 2.90 | | 3.10 | 3.41 | | 3.16 |
| In your experience how well equipped is the hospital environment to meet the needs of patients with dementia, delirium or memory | Pre | 2.64 | 2.86 | | 2.73 | 3.20 | | 2.86 |
| and thinking difficulties? | Post | 2.71 | 2.85 | | 3.10 | 3.73 | | 3.10 |

Notes:

(*) 1 = Very Low, 2 = Low, 3 = Satisfactory, 4 = High, 5 = Very High **Bold Italic** = Change in "desired" direction







St John of God Bendigo Staff Self Rated Measures

| elf-rated measures: | | Average Responses | Average Responses (*) | | | |
|--|------|-------------------|-----------------------|--|--|--|
| | | Clinical Staff | Non-Clinical Staff | | | |
| How would you rate your confidence in dealing with patients with dementia, delirium or memory and thinking difficulties? | Pre | 3.04 | 2.91 | | | |
| | Post | 3.36 | 3.16 | | | |
| How would you rate your level of comfort in dealing with patients with dementia, delirium or memory and thinking | Pre | 3.04 | 2.97 | | | |
| difficulties? | | 3.38 | 3.20 | | | |
| How would you rate the level of organisational support you receive when dealing with patients with dementia, delirium or memory and thinking difficulties? | Pre | 2.63 | 2.50 | | | |
| , , , , , | Post | 2.97 | 2.83 | | | |
| How would you rate your level of job satisfaction in dealing with patients with dementia, delirium or memory and thinking | Pre | 2.65 | 2.76 | | | |
| difficulties? | Post | | 3.02 | | | |
| In your experience how well equipped is the hospital environment to meet the needs of patients with dementia, | Pre | 2.43 | 2.79 | | | |
| delirium or memory and thinking difficulties? | Post | 2.48 | 2.79 | | | |

Notes:

(*) 1 = Very Low, 2 = Low, 3 = Satisfactory, 4 = High, 5 = Very High

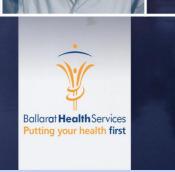
Bold Italic = Change in "desired" direction



Cabrini Carer Response

Care in Hospitals Program





| | Site 1 Site 2 | | | | | | | 2 | | |
|---|---------------|--------|----------|----------|--------|---------------|-------|-----------|--|--|
| Question to Carer | Satisfi | ed (%) | Dissatis | fied (%) | Satisf | Satisfied (%) | | sfied (%) | | |
| | Pre | Post | Pre | Post | Pre | Post | Pre | Post | | |
| | (n=19) | (n=14) | (n=19) | (n=14) | (n=9) | (n=14) | (n=9) | (n=14) | | |
| That the staff knew the patient has CI | 57.9 | 92.9 | 26.4 | 22.2 | 77.8 | 71.4 | 22.2 | 21.4 | | |
| Staff introduced themselves | 73.7 | 85.7 | 22.1 | 0.0 | 77.8 | 85.7 | 22.2 | 14.2 | | |
| Staff did not expect more than patient capable of | 79.0 | 85.8 | 15.8 | 0.0 | 66.7 | 50.0 | 33.3 | 21.4 | | |
| Staff explained things simply | 57.9 | 85.7 | 36.9 | 7.1 | 77.7 | 71.5 | 22.2 | 14.2 | | |
| Carer invited to provide information | 73.7 | 78.6 | 26.4 | 21.4 | 44.4 | 78.6 | 44.4 | 21.4 | | |
| Notice taken of information volunteered by carer | 89.5 | 78.5 | 10.6 | 14.2 | 66.6 | 85.7 | 33.3 | 14.2 | | |
| | | | | | | | | | | |
| Staff understanding of challenging behaviour | 78.9 | 85.7 | 15.8 | 7.1 | 66.6 | 92.9 | 33.3 | 7.1 | | |
| Carer given information about treatment given | 79.0 | 78.6 | 21.0 | 14.2 | 66.6 | 78.5 | 22.3 | 14.2 | | |
| Carer given option to receive discharge information | 36.9 | 71.5 | 26.4 | 21.3 | 66.6 | 50.0 | 22.2 | 28.6 | | |
| The hospital is "dementia friendly" | 68.4 | 78.6 | 21.1 | 7.1 | 77.8 | 85.7 | 22.2 | 14.3 | | |
| Per cent satisfied or dissatisfied | 69.4 | 81.8 | 22.2 | 11.5 | 68.9 | 74.7 | 27.7 | 17.14 | | |

Satisfied = Very Satisfied + Satisfied

Dissatisfied = Dissatisfied + Very Dissatisfied



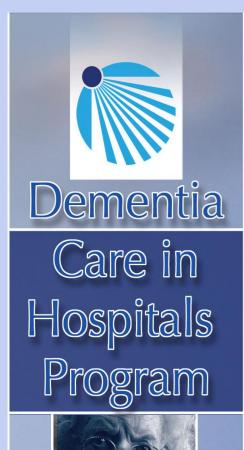
Staff Perception

Care in Hospitals Program



| | Change in Perceived Difficulty | Cabrini Site 1 | | Cabirni Site 2 | | St JoG- I | Bendigo |
|---|--|----------------|----------|----------------|----------|-----------|----------|
| | | | Non- | | Non- | | Non- |
| | | Clinical | Clinical | Clinical | Clinical | Clinical | Clinical |
| | | Staff | Staff | Staff | Staff | Staff | Staff |
| | % reduction in perceived difficulty experienced when | | | | | | |
| S | working with patients with dementia, delirium or memory | | | | | | |
| | and thinking difficulties | 23.40% | 25% | 42.80% | 2.70% | 19% | 2% |
| | % reduction in perceived difficulty experienced working with | | | | | | |
| 5 | the carer or family of patients with dementia, delirium or | | | | | | |
| 1 | memory and thinking | 2.30% | 8% | 31% | 0.90% | 5% | -1% |









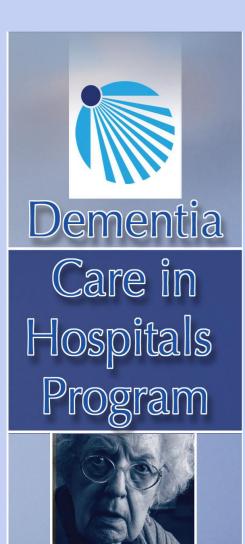
Risk Change Outcome

Risk measures

Falls, Medication error, Specialling

Statistical significance not evident

- Small sample size
- Variation in data collection and reporting

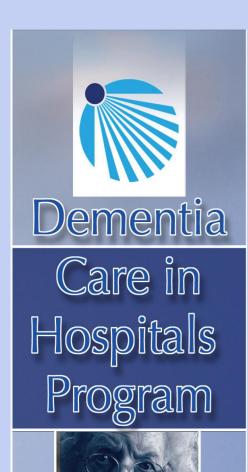






DCHP Summary

- The Dementia Care in Hospitals Program
 - is unique in Australia as it links education and culture change with an overbed alert(CII) that acts as a change driver
 - has been shown to improve staff and carer satisfaction with the care given to patients with dementia in acute care
 - has been introduced into 22 Victorian public hospitals
 - is transferable to the private sector

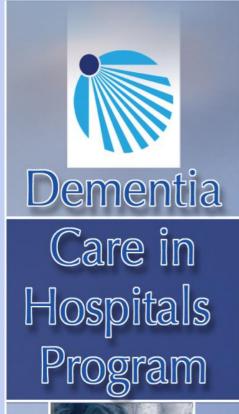






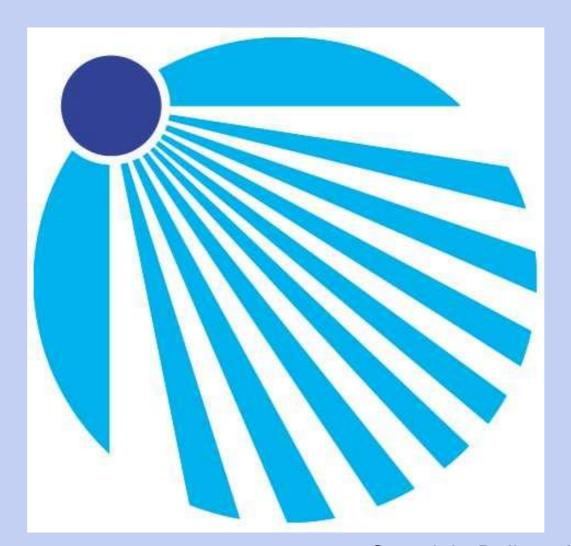
DCHP Summary

- The Dementia Care in Hospitals Program has not
 - been shown to reduce adverse events
 - had consistent sustainability in hospitals
- The sustainability will be driven by the national steps to improve dementia care in hospitals
- A large multi-centre roll-out would be required to prove risk reduction









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.....Thank You