



Zeroing in on Hailey House

Residents of Hailey House and clients of Midlands Day Centre had rare brush with Melbourne Cup royalty recently when 1992 Cup legend Subzero dropped by.

Subbie (as he is affectionately known), and his human companion Graham Salisbury, spent 30 minutes with the residents.

During his visit Subbie happily sampled the Hailey House lawn and posed for photos with residents.

He is pictured with Hailey House resident 93-year-old Mary, who said she backed Subzero with an each way bet of about \$5 back in '92.



Farewell ladies!!

Eureka Village and Geoffrey Cutter Centre recently farewelled two long term BHS staff.

A large group of residents, staff, volunteers and family members gathered on Wednesday afternoon to farewell Denyce McPherson after 27 years service at BHS in a variety of roles, most recently at Eureka Village.

Meanwhile, Sue Hall from Geoffrey Cutter Centre also farewelled BHS after 27 years.

Sue started at the QE, before moving to P.S. Hobson, W.B. Messer and more recently GCC. Sue leaves BHS to take up a new role.

Both ladies will be missed by staff and residents at Ballarat East.



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Five Minutes *With* Aileen Coad

OCCUPATION: The mills in Creswick as a winder.

Born – Year and Place:
15th July 1948 in Creswick

Interests: Bingo, playing games, music.

Resident Since: 15th June 2007

Best Part Of Moving To....
Having my own room, there are some very nice people.

Most Challenging Part:
Giving up my animals.

Earliest Memory is....
Making pasties for my mother and enjoying visits to her.

When I Was A Child I Wanted To.... I would love to have been a chef.

My Parents Always Said...
Don't trust anybody. Button up your mouth and be a good listener.

My Greatest Moment In Life Was.... *Having my children.*

In 5 Words I Am....
Friendly, happy, outgoing, impatient, funny.

I Wish I'd Never Worn....
Sandels

Cat Or Dog... *Both 2 x dogs Candy and Fido. Labrador and Jack Russell.*

When I Want To Spoil Myself I.... *Buy a cup of coffee and a cake.*

The first thing I reach for in the morning is.... *The newspaper and radio.*

The hardest thing I have done in my life.... *Was get married.*

If I could change one thing in the world it would be....
Change people to be kind.

After life there is.... *Heaven*

I love.... *Pictures to look at. Sons.*

In my life I have learnt....
To treat people nice and respect them.

My pet dislike is.... *Cruelty to cats.*

I can't live without.... *Lollies*
Before I die I would like to....
Travel the world.

If I could invite five people to dinner they would be....
Anybody - my friends.

The meaning of life is to be....
Happy and Healthy

If I could be anyone else for the day I would be....
Slim Dusty

I am passionate about....
People.

A book/song/movie that inspires me.... *The Deltone's songs.*



Tijamol Jacob

TITLE: NUM

Describe your role and how it relates to Aged Care Services?

I am currently working as a Nurse Unit Manager at EVH for the maternity leave replacement. It's a low care facility and as a manager I have to ensure that all my residents are getting a resident-focused care.

What do you like about the job?

The things I like about my job is the responsibility and the different way to handle or manage any situations happening in the workplace.

What was your previous role?

My previous role was as a Registered Nurse in Aged care and Acute sectors. I used to work as an in-charge nurse as part of my job.

If you could go anywhere what favourite meal would you order?

I would like to order any Indian dishes especially any south Indian dishes if available, otherwise I would like to order some pizza.

What was your favourite holiday experience?

I went to Adelaide for one week holiday with my family and friends. It was one of my best holidays. But my favourite

holiday experience is going to India and spending time with my family and friends.

What was the most memorable moment you have had working in Aged Care?

The care and support of my team-mates and the nice smile on the face of the residents we care for. Because each resident accepts me as a family member.

I'm passionate about...

My family.

In five words, I am...

I am a self motivated enthusiastic girl. My greatest achievement in my life is my husband and my daughter. I am really happy and enjoying my life and work as it is. I am always taking every situation in a positive way.

Worm Castings: going full circle

Food scraps from the BHS Hospital Cafeteria and Queen Elizabeth kitchen are collected regularly by a local worm farmer (Davo's worm farm). He then uses the food scraps to feed his worms.

The worm farmer returned to BHS recently, this time handing over a couple of bags of castings for use in the Garden at Geoffrey Cutter Centre.

The castings were put to good use on the GCC garden, with Environmental Services this week giving the vegie patch a pre-winter boost with resident Bev White.

There are three garden beds that the residents use at GCC, one was recently planted with winter vegetables so we decided to spread some castings on top of this and water in to enhance growth.

That left us with another two beds, one will be weeded then castings mixed into the soil and planted the other will be stand alone. Both beds will be planted out with a range of vegies that will keep the residents and staff at GCC in fresh produce for months to come and then wait to see if there is a great difference between all three gardens.



GCC resident Bev White checks out the revamped vegie patch, which was given some extra oomph recently thanks to worm castings.

James Thomas Court 2014 Re-Accreditation

All residential aged care homes are required to be re-accredited every three years in order to receive Australian Government subsidies and continue to operate.

As part of this requirement James Thomas Court undertook their review against the aged care standards over two consecutive days in June.

Annette Vaarzon Morel, Nurse Unit Manager and Mick Kirby, Director of Nursing with the support of dedicated staff had undertaken an exhaustive amount of preparation in order to highlight the facilities' achievements and demonstrate the level of care and support provided for residents and their families was consistent with the industry expectations and resident's wishes.

The assessment process itself involved a team of assessors reviewing documented procedures, observing practices at James Thomas Court, and looking at resident records and other documents such as staff rosters, incident reports, care plans and complaints registers.

The assessors in talking with residents were pleased to confirm residents were very satisfied with the extent of consultation, response to any of their concerns, the level of respect shown to them, along with the nursing and personal care being provided.

As a result of the effort made by management and staff at James Thomas Court in ensuring that resident's needs are continually met, the "Quality Agency" assessors following a

vigorous review process have recommended the facility be awarded the maximum three year accreditation.

This result demonstrates a commitment by James Thomas Court management and staff to providing a quality aged care service which continually seeks to monitor and make improvements to the care and services provided and in so doing ensure resident's and their family's needs are being met.

Having received three years full accreditation, all staff involved including those from the various Ballarat Health Service departments that support James Thomas Court are to be congratulated on this fine achievement.



Wildlife up close at Hailey House

Residents from Hailey House received an interesting and entertaining visit from Michael Church of The Roo Keepers with his mobile zoo recently.

WB Messer and Midlands Day Centre were also invited to join us on the day.

Roo Keeper Michael ensured all residents and guests were able to pat, touch and hold most of the

animals while he gave a detailed talk on each one, answering many questions.

The morning was thoroughly enjoyed with residents still talking about the animals, especially those from other states which many of us had never seen before.