

# BallaratHealthServices

## Residential Services



BallaratHealthServices  
Putting your health first

WINTER NEWSLETTER

July 2012

## woodwork group

at James Thomas Court



Residents at James Thomas Court Hostel are lining up to take part in one of Martin Relouw's woodworking sessions. Martin has been holding woodwork classes for about eight years.

Participants make toys, letters of the alphabet and intricate wooden mosaics featuring cartoon characters, animals and people.

The painstaking cutting of the timber for the mosaics is done by Martin on a scroll saw with the

residents involved in assembly and painting of items.

Resident Hazel Cordon said it was the only activity she was interested in participating in.

***"I find it fascinating," she said.***

***"It's a terrific group."***

The timber creations are typically given away to kindergartens, relatives, friends and staff. A few adorn the walls of the hostel.

Martin says the woodwork helps maintain hand and eye co-ordination and those in the group get to know each other well.

"They'll be talking about all kinds of things, not just about woodwork, but personal stuff," he said.

Martin is constantly on the lookout for more timber so if you know anyone who may have unwanted timber suitable for woodworking please put them in touch with Martin on 5335 0500.



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## The Queen's Diamond Jubilee at Geoffrey Cutter Centre



Residents from the Geoffrey Cutter Centre celebrated the Queen's Diamond Jubilee on Friday June 8 with high tea. While the residents were having their high tea a CD of God Save The Queen was played and at this time there was a surprise visit from the Queen and Duke. The residents were overwhelmed with the visit and thrilled with the day. Families were also invited and enjoyed the activity.



# FIVE MINUTES WITH...

## Bob Fewster



Bob is a life member of the RSL, the RAAF Association and Probus. His favourite past times now are crosswords conversations and playing patience.

**OCCUPATION:** I was a bank manager. Joined the State Savings Bank on January 5, 1942 in Mordialloc, became manager on April 2, 1962 in Macarthur, then Beaufort, Terang, Castlemaine and Wendouree.

**BORN:** April 30, 1926 in Brunswick.

**INTERESTS:** Cards, crosswords, music, dancing, footy.

**RESIDENT SINCE:** July 2010.

**BEST PART OF MOVING TO JAMES THOMAS COURT:** The girls who have a laugh with me.

**MOST CHALLENGING PART:** Not being at home and the food.

**EARLIEST MEMORY:** Making fly traps for horses.

**WHEN I WAS A CHILD I WANTED TO:** Be a soldier.

**MY PARENTS ALWAYS SAID:** Always tell the truth.

**MY GREATEST MOMENT IN LIFE WAS:** Private – never been surpassed.

**CAT OR DOG:** Always had a dog.

**WHEN I WANT TO SPOIL MYSELF I:** Like to go out and have a few grogs – chardonnay.

**THE FIRST THING I REACH FOR IN THE MORNING:** My rosary beads.

**THE HARDEST THING I HAVE DONE IN MY LIFE:** Never done anything too hard – no regrets.

**IF I COULD CHANGE ONE THING IN THE WORLD IT WOULD BE:** Peace on earth.

**AFTER LIFE THERE IS:** More life.

**I LOVE:** My family and get togethers.

**IN MY LIFE I HAVE LEARNT:** Respect others; do what I am told by my superiors; to be obeyed.

**MY PET DISLIKE IS:** RSBs – real smart bastards.

**I CAN'T LIVE WITHOUT:** My chardy!

**BEFORE I DIE I WOULD LIKE TO:** Spend more time with my family.

**IF I COULD INVITE FIVE PEOPLE TO DINNER THEY WOULD BE:** My family, Weary Dunlop, Bruce Ruxton and Julia Gillard.

**IF I COULD BE SOMEONE ELSE FOR A DAY I WOULD BE:** Mayor of Ballarat.

**I AM PASSIONATE ABOUT:** Life.

**A SONG/BOOK/MOVIE THAT INSPIRES ME IS:** Abide with me; I'm getting married in the morning; Billy Binker and Dina.

# Terri Mitchell Retires



Terri Mitchell began helping in residential care when her mother, Hilda O'Brien, was staying in the aged care facility in Ascot Street in the 1990s.

More than 12 years ago she officially became a volunteer with her husband, Howard.

After her mother and Howard passed away Terri remained as a volunteer at the Geoffrey Cutter Centre, working two days a week, every week.

Now, at the age of 69 and facing some health complications, Terri has retired from volunteering.

On May 22 a retirement party - complete with a stunning array of cakes baked by staff - was held to celebrate Terri's contribution.

"I am so glad I did volunteering because it is very rewarding," Terri said.

"Just seeing patients enjoy the activities I can do with them."

## INSIDE STORY



# Geoffrey James

*Facility Manager*

### DESCRIBE YOUR ROLE AND HOW IT RELATES TO AGED CARE SERVICES?

To ensure the smooth running of James Thomas Court.

### WHAT DO YOU LIKE ABOUT THE JOB?

The variety and the challenges that I have to deal with on a daily basis. Plus still having the one to one contact with residents.

### WHAT WAS YOUR PREVIOUS ROLE?

Associate Nurse Unit Manager at Geoffrey Cutter Unit.

### IF YOU COULD GO ANYWHERE WHAT FAVOURITE MEAL WOULD YOU ORDER?

A very hot Indian curry.

### WHAT WAS YOUR FAVOURITE HOLIDAY EXPERIENCE?

Contiki tour through Europe which included cycling in the Swiss Alps and arriving in Paris for the start of the Soccer World Cup.

### WHAT WAS THE MOST MEMORABLE MOMENT YOU HAVE HAD WORKING IN AGED CARE?

There have been many moments over the years. What I am looking forward to this year is the Footy Competition with the staff and Residents at James Thomas Court.

### I'M PASSIONATE ABOUT...

Doing the best job that I can.

### IN FIVE WORDS, I AM...

Queenslander, caring and a Gemini.

## Aged Care Accreditation 2012

In accordance with the Aged Care Act eight of Ballarat Health Service's Residential Aged Care facilities have successfully undertaken an extensive review of their services and been awarded the maximum three-year re-accreditation by the Aged Care Standards and Accreditation Agency (ACSAA).

The accreditation process is rigorous and involves assessment teams reviewing documentation, clinical care, environment and resident and relative feedback.

The eight facilities to be re-accredited are:

- WB Messer - Hostel
- Hailey House - Hostel
- Bill Crawford Lodge- Nursing Home
- Geoffrey Cutter Centre - Nursing Home
- Jack Lonsdale Lodge - Nursing Home
- PS Hobson - Nursing Home
- Talbot Place - Nursing Home
- Steele Haughton Unit

After the auditing ACSAA assessment teams commended Ballarat Health Services staff on the standard of care provided and highlighted residents and/or their families' satisfaction with the level of care provided.

Achieving full three-year accreditation for each individual facility is very pleasing and all concerned are to be congratulated on this achievement along with the ongoing willingness to address future challenges and work to ensure residents and their families' needs will continue to be met.

Why celebrate **CHRISTMAS** just once, and in the middle of summer?



Residents at Hailey House ensured a double dose of Yuletide fun with Christmas in



July activities on the 24th. There was Christmas-styled lunch, tinsel aplenty and a visit

from Father Christmas to complete the celebration.