



**BALLARAT BASE HOSPITAL**

# **COMMUNICATOR**

**NO: 5      JUNE - JULY '88**

# FROM THE ACTING C.E.O.'S DESK

In the absence of Mr. Eeon Macaulay, it is my pleasure as Acting Chief Executive Officer to report on some of the activities within the Hospital over the past couple of months.



## ACCREDITATION

I am pleased to be able to announce that the Hospital has received confirmation from the Australian Council on Hospital Standards, that as a result of the recent Accreditation Survey Ballarat Base Hospital has received full accreditation status of 3 years.

This result could not have been achieved without the complete co-operation and dedication of staff at all levels. There were a lot of people who worked for a long time in the preparation phase which set the scene to achieve this magnificent result. With all the other activities going on within the Hospital during the past 12 months, especially the capital works changes that were being undertaken at this time this is a most gratifying result. May I congratulate and thank all staff for their hard work in contributing towards our success. There will be press announcements and media coverage after the Board Meeting on 18th July, 1988 advising the Community of the Hospital's success.

## FOUNDATION

Mr. David Karmouche, interim Chairman for the Hospital Foundation, has held more meetings with

interested people in becoming Members of his Committee and it is hoped that his Committee will be announced in the next addition of the Communicator. We extend our very best wishes to David and his Committee in their future endeavours in this new venture for the Hospital.

#### REDEVELOPMENT

Planning and preparation for the Redevelopment Program is progressing satisfactorily. User Group Meetings are now drawing together vital information for detailed planning to take place within the next few months. The Architects will be advising space allocations for the redevelopment within the next few weeks to enable some firm decisions to be made.

#### 24 HOUR STRIKE

The Hospital was involved in the 24 hour strike on Wednesday, 6th July as a result of industrial action taken by the Hospital Employees Federation No. 1 Branch. I am pleased to advise the Hospital was able to function with patient services with little disruption. The food services section was the main area affected, and management staff from all divisions of the Hospital were able to provide the necessary food services to the patients. I would now, through the Communicator, again like to say thank you to all those who assisted the Hospital in any way during the strike period. I believe it was a real "Team Effort" and I thank all those involved for a job well done.

#### RETIREMENTS

During the last few weeks a number of long serving staff of the Hospital have retired. I refer to Miss Rose Eichler, who retired from the Domestic Staff after 34 years, Mr. Ron Tonks, who has retired as Supply Manager after almost 20 years, and on the 8th July Mr. Dennis Barker is retiring as Catering Manager after 22 years service. On behalf of the Executive and staff of the Hospital I extend my very best wishes to these employees for a long and happy retirement and thank them for the contribution they have made to the Ballarat Base Hospital during their years of service.

I would like to congratulate Mr. R. Harrison on his appointment as Supply Manager and I look forward to working with him in this role.

#### MARY HELEN AUXILIARY - DIAMOND JUBILEE CELEBRATIONS

The Mary Helen Auxiliary celebrated its Diamond Jubilee on Friday, 8th July, 1988. A great deal has been achieved over the past 60 years by this comparatively small group of hard working ladies. It is very gratifying to see the consistent support the Hospital has received from the Mary Helen Auxiliary over this period both from cash donations and gifts in kind for the patients and staff. There is no doubt that without the enthusiasm of this group the Hospital would be a lot poorer. On behalf of the Board, Executive, patients, and staff of the Hospital, I sincerely thank all members of the Mary Helen Auxiliary who have contributed their time and effort in achieving what can only be described as a magnificent contribution to the Base Hospital over the last 60 years.

#### THOUGHT FOR THE MONTH

There is only one thing in the world worse than being talked about and that is not being talked about.

J.R. BRIDGER  
Acting Chief Executive Officer

## ODD SPOT

Shaun Murphy (Chief Physiotherapist) and Dr. Savina DeGleria will marry later this year. Shauns nickname is "SPUD" and Savina's is "SAV".

# GENERAL SERVICES



## IN-HOUSE TELEVISION

Two tenders were received with quotations in excess of \$500,000. After discussion with the Chief Executive Officer in considering the implications of the redevelopment, it was decided that we would not proceed at this point in time. The television installation will now be investigated as part of the facilities to be provided within the redevelopment.

## MINOR WORKS

Meetings between Divisional Heads have finalised our bid for minor works in 1988/89. It is anticipated that a sum of approximately \$150,000.00 will be allocated to the Hospital.

## AGREEMENT

Meetings have taken place with HDV Regional Officers regarding the format and content of the 1988/89 Health Services Agreement. Each side now understands their respective positions and more concrete developmental work can now be undertaken.

## SCHOOL TOURS

These tours are proving to be very popular and thanks to Gary Greville and Sr. Annette Solley for their interest and participation in the organization of these events. The invitation to tour has been extended to the catholic primary schools of the district the interogational secondary schools. Twenty five have now been conducted with over twenty now being planned or co-ordinated.

## SECURITY

Mr. Robert Walters has completed a Security Officers course at the Mayfield Centre. This is a certificated course and he is now a qualified Security Officer.


## HEART WEEK

Congratulations to all those who participated in the Heart Week program or who were involved in the various activities. Mr. Gary Atyon particularly needs congratulations for his efforts in organisation and compilation of the results.

Congratulations to Ms. Sally Parrot for her outstanding efforts in winning the individual participation award.

Garry Bolger,  
Acting Director of General Services

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2/5/85  
To your staff,  
I thank you sincerely  
for your prompt, courteous,  
sincere and no bullshit  
attention when I was  
in extreme distress  
Do all of you  
2/5/85 Sincerely Thanks  
To the staff and all the best to you  
Garry Bolger



# NURSING



## Hospital Agreement 1988/89.

The Nursing Division has completed initial discussions for Hospital Agreements and I would like to thank the members of the nursing staff for their assistance in completing the recently distributed questionnaire. Mrs. Stickland correlated 730 responses!!!

## Second Tier Review.

The Second Tier Review is continuing. Mrs. E. Cameron and Mr. E. McDonald will be reviewing aspects of equipment and hospital transportation in the near future.

## Redevelopment.

Charge Nurses and Nursing Administration have been closely involved in planning for Phase I of the new development program. Planning will continue through the recently set up User Groups.

## Non Smoking Program.

Congratulations to all participants in the recent non smoking program held on June 25th, 1988. To all non smokers I would ask that you support and encourage those staff members involved in this program.

MISS E.A. BRADY,  
DIRECTOR OF NURSING.

# MEDICAL ADMINISTRATION

Elsewhere in this copy of the Communicator I'm sure that there will be much written about the hospital redevelopment. This long awaited event is wonderful and we all look forward to the day when our patients will be cared for in modern facilities.

In the meantime the business of the hospital is the present stock of staff in... We all agree that the staff is very ordinary to... (except for those who built/renewed last year).

Despite these problems we have a good hospital where excellent standards are maintained and I believe that slowly the public are beginning to realize that more extensively too.. Great Institutions are so because of the quality and attitude of their staff. We must foster the spirit within the hospital and ensure that it is active when our new buildings are ready to occupy.

One main contributor to staff morale last year was the Revue - a great hit! Its on again this year and already activities are beginning to develop acts etc. Nick Kingston, an Intern, is the Director and would welcome contributions. There even is a rumour that Allan (Peter Sellers) Bath will perform again. Which tall poppy, if there are any left after last year, will be lopped down this year? The expected date is Friday the 30th September at the Mair Street Civic Hall.

DR. C.B.E. DAVIS,  
DIRECTOR OF MEDICAL SERVICES



# BOARD OF MANAGEMENT

I have read with interest the previous editions of the "Communicator" and would like to congratulate all who have put much time and effort into providing information on many facets of this hospital's activities, and I thought I would make a few comments about events that have been occurring here recently.

With the announcement of the large grant approved by the Government for our redevelopment program, a new air has blown through the hospital, refreshing everyone. There has been no time lost in commencing the preliminary tasks - after detailed interviews and earnest consideration, the project manager, architects, quantity surveyors and structural and service engineers have been appointed and they are already busily at work. As well, committees have been formed within the hospital mainly composed of staff from whom input is essential. It has been decided that regular bulletins be made available to all staff as to the progress of the redevelopment program. This is particularly important while there is no visual evidence of progress.

Besides this, there have been a number of areas that have been upgraded; the most obvious are those that make a visual impact, and include the new outpatients' entrance and waiting room, the main entrance foyer, entry to the Q block, carpets in Yuille House corridors and most recent of all, the ambulation training track, which is looking very pleasant.

I believe that a number of these measures come from suggestions put forward by staff members as a result of the seminar held at Hall's Gap and I congratulate those who participated.

Also I would like to thank all staff for their loyalty and hard work, despite the difficulties that have been faced in the recent past. I hope we will all be able to enjoy the benefits of our new buildings when they are completed, and continue to provide the same wonderful care that has been the hallmark of this hospital, albeit in better equipped and more spacious surroundings.

We look forward to this.

## MINOR WORKS PROGRAM

(Extract from minutes of Planning Committee)

Mr. Bridger stated that in his opinion it was a credit to all staff of the Hospital that maximum use of all resources had been harnessed in the Hospital to achieve the greatest benefit possible from the Supplementary Capital Works Program, it reflects a true "Team Effort". Mr. Vernon strongly supported this statement and requested that a statement from the Board to reflect these sentiments be included in the next Communicator.

Margaret Duggan,  
President

## GREEN THUMB

### THE MISUSE OF LIME

Hello, been doing any fertilizing lately? Don't make the all too common mistake of heading for a bag of lime as though it were some sort of garden cure-all. It is NOT a fertilizer unless your soil happens to be grossly acid, a most unnatural circumstance in this district. The local soils are mostly somewhere near neutral in their acid/alkaline balance. Descendants of the humble Mustard weed however do like lime. Over the last five hundred or so years these came to be recognize as separate vegetables with characteristics of their own, such as the Cauliflower with its huge embryonic flower. The Kohl Rabi with its excellent fat stem, the cabbage with its heart of blanched leaves, the Kale with its dark, strongly flavoured leaves so rich in iron, and some others such as Broecole, Broccoli, modern Mustard, Brussels Sprouts and some lesser known varieties, all of which like lime and sodium molybdate applied annually. Carnations like it too, but in their case it is to help prevent "collar rot".

Arthur Bilston

## FAREWELL



Rose has worked at the Ballarat Base Hospital for 34 years in the cleaning department and is our longest serving current member of staff. She first started in 1954 cleaning Childrens Ward and varous offices working a split shift. "They were the days when you had to work hard!"

She has already made plans for her retirment. She is heading off to Sydney to visit her nephew and also has plans to visit Merrimbula, Canberra and may other locations on a bus trip. Next year she is hoping to fly to New Zealand to spend time with family and also visit the Bay of Islands.

Rose has enjoyed working at our hospital and is "really going to miss the company, and her friends that she made over her many years here."

# ROSE EICHLER





# SECURITY

## EFFECTIVE UTILISATION OF SECURITY STAFF WITHIN THE ACCIDENT AND EMERGENCY DEPARTMENT



Hospitals fortunate enough to have Security Officers on staff will normally utilise these personnel when violent or disruptive behaviour is encountered in the Accident & Emergency (A & E) Department. When Security staff are summoned, the question of appropriate response arises because, in general, they are not summoned until the situation has deteriorated to the extent where medical and nursing staff are unable to cope. Violence has either occurred or is imminent.

How this situation arises is secondary; tempers become frayed, inebriated or drug-affected patients or visitors become stressed. Added to the volatility of emotional pressure, fear and uncertainty (so common to trauma situations) can and frequently do contribute to the situation becoming explosive.

Summoning of uniformed Security personnel should be considered. Certainly the hospital Security Officer is going to appear periodically in the A & E Department and this visible presence can have positive and beneficial results. Importantly, a potential troublemaker will be made aware of the presence of

Security personnel and may be deterred from causing trouble and, if the Security Officer is sensitive to the prevailing atmosphere, s/he may be of considerable assistance to medical and nursing staff.

If A & E staff are aware of waiting patients or visitors who have expressed irritation or concern at having had to wait or are uncertain as to what is happening, the Security Officer may be the ideal intermediary between a puzzled, frightened and possibly hostile patient or visitor.

If the medical and nursing staff have sufficient confidence in the Security Officer as a mature and sensitive person, the officer may be made privy to the reason for the one hour wait in the Department, or why little Billy has to have a gastric lavage. The Security Officer can then sit and talk - in strictly non-medical terms - to the people whom A & E staff believe may be potentially disruptive.

Disruptive behaviour is unpredictable, yet there are warning signs and, human nature being what it is, staff working within A & E may identify the signs of impending violence and cross their fingers in the often forlorn hope that nothing will happen. When the violent situation does arise they predictably and sensibly, call for the assistance of the Security Officer.

How much more direct it would have been to admit that the situation was likely to occur, and act in a manner which would have prevented the crisis occurring. Hospital Security Officers consider public relations as part of their job. By joining the A & E team as a "back up" member, they can take a lot of the "heat" out of working in the Department on a hectic Friday or Saturday night.

Peter Lane,  
Communications Manager.

HOSPLAN NEWS  
JUNE 1988

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## THANKYOU

Doctors' Nick Kimpton and Susan Knights for their enthusiasm and very special ways with our elderly patients. The staff of JB1 really appreciated your cheery positive attitude.

Staff of JB1,  
Q.E.G.C.



# AMBULATION TRACK



The new rehabilitation mobility training track was officially opened by Mrs. Margaret Duggan, President of the Board of Management on Friday 24th June 1988. The track was designed by communications manager Peter Lane and Physiotherapist Shaun Murphy as a further extension of the hospital's rehabilitation unit. The track is made up of many different surfaces including concrete, sand, cobblestones and grills, which people with mobility problems might experience difficulty with when they get home from hospital. The track also includes steep steps and gutters which might also cause problems. The track certainly is an asset to our hospital and is helping to establish our hospital as a centre of excellence.



Our photo (top) shows the new ambulation track under construction, whilst Physiotherapist Lori Bragg (below) helps Mrs. Charlotte Collins around the completed track watched by staff at the Official opening.

## MR CAIN VISITS



Dr. Tony Sutherland (above left) in Casualty with (L to R) Premier John Cain, Steve Bracks ALP, Dr. Ed. Davis and Acting CEO Mr. John Bridger.

Mr. Cain (below) seems to be taking it all in as John Bridger leads him in the newly completed Coronary Care Ward.

# POEM

If your BBH Parking Permit is not green,  
You are not to be seen,  
In our car park;

For our staff car park is only for our staff,  
And because we love you,  
We're getting rid of intruders,  
Who shouldn't be there,  
In your space or mine,  
So now everything will be fine  
.....unless you don't park between the lines!

GARDEN GNOME

Note: Parking Permits are available at Pay Office.



# HOSPITAL CHRISTIAN FELLOWSHIP

## ANXIETY

We've all suffered from anxiety at one time or another, caused by problems either great or small. Health, marriage and financial problems can all cause different degrees of anxiety.

Dear friend, let me share a personal problem that my wife and I had whilst living just over the border in N.S.W. Both my sister and mother-in-law had just died of cancer, so we returned to our families in Ballarat, but what about finding a job? I had a wife, daughter, a baby on the way.

After talking it over with God we had peace of mind that he wanted us back in Ballarat. We arrived in Ballarat on Friday, saw a job in Saturdays paper, went for an interview on Monday and started Tuesday. WOW! God out of His goodness and through His power answered our prayers. He is greater than our worst problem and if we turn our problems to Him he takes away our anxieties.

Dear friend, God is true to his word. The Bible says of Jesus "cast all your anxieties upon Him because he cares about you." 1 Peter 5:7. Sometimes we will have to wait but it will be answered in His good time. He has a plan and a time for each of us.

We all can live an anxious free like today, try trusting in Jesus.

Doug Valpied  
Hospital Christian Fellowship

## SYMPATHY

THE HOSPITAL STAFF WERE SADDENED BY THE DEATH OF RON REDFERN ON THE 27TH MAY. RON WORKED IN BOTH PHARMACY AND THE ENVIRONMENTAL SERVICES DEPARTMENT SINCE DECEMBER 1973.



# DID YOU KNOW?

Joanne O'Donnell and Barbara Morrison have been seen sitting in "Lake Grigg" car park after hours acting suspiciously.

Dr. John Redman (dentist) was heard to say about his department, "There's only two of us who work up here!"

Frank Gray from engineering is so conscientious he came into work on his A.D.O. Someone remarked "He may as well have been off."

Kevin McCann (gardiner) was recently seen in the garden doing some pretty sharp work with the seceteers - on his c'n beard!

Heard that Joanne O'Donnell has offered her services as a centrefold for the communicator. "I look great in a bikini."

Leigh Cross from Dental Clinic likes Jaffas so much he ended up with a free packet at the recent Crocodile Dundee film night whilst 130 people looked for the missing packet.

One of the Doctors remarked that Dr. Rimas Liubinas had a funny twinkle in his eye. Sure enough he is now engaged.

Dr. Mark Fitzgerald was so excited about his new Advanced Life Support Ambulance, that he had to go home and change his suit.

Heard a rumour that Sally Parrot recently drove back from Queensland with her boot up!

Barbara Morrison from Outpatients has been kicking A4 reems around again. Did a "swell" job this time!

Any truth in the rumor that when Rod Beaumont (Assistant Accountant) took Chris Bennett (Assistant MRA) to a Melbourne cafe, Chris paid.

Heard during the strike that "John Bridger makes a mean cup of coffee!"



## GREENER



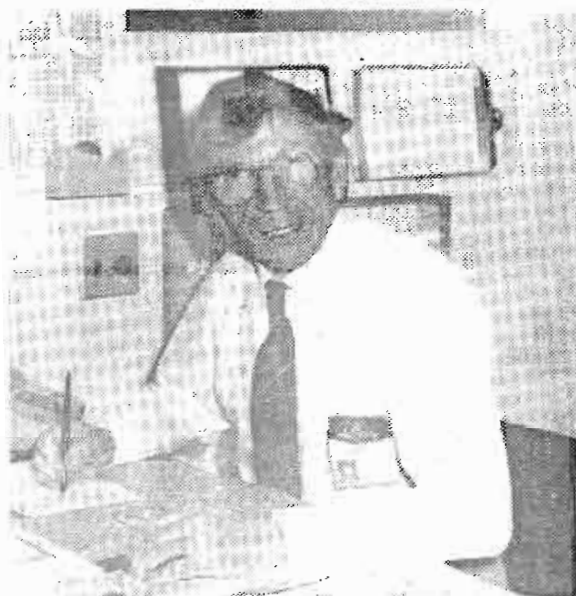
## RON TONKS

Ron Tonks retired on 8th July 1988 after nearly 30 years service at the Base Hospital. Prior to commencing in the Supply Department, Ron worked at Cox Brothers until they folded, and then Big W before transferring to the Base.

Ron has seen the workload in the Supply Department "increase dramatically in the past 5 years", due mainly to the increased use of disposable products along with significant changes in technology.

Retirement plans include maintenance on his house as well as his beach house and travel plans include a round Australia journey, a trip to Queensland and overseas to Europe in 1990. Hopefully also a trip to the M.C.G. in September to see Geelong win another Premiership!

## PASTURES



**DENNIS BARKER**

On July 15th 1988 Dennis Barker retired after 22 years service as Catering Manager. Dennis commenced at the Ballarat Base Hospital on 15th August 1966 after serving his apprenticeship in London's West End, then the Navy before moving to Australia in 1954. He worked at Western General, St. Vincents and also Cecilia's Christie Hospitals, as well as being Catering Manager for Mobil Oil, and various other private employers.

The current staff cafeteria which seats 200 was initiated by Dennis to meet the needs of staff and was officially opened on Sunday 29th August 1976. Another major development was the introduction of Central Service in October 1979. This offered the patients a wide and better selection of meals, with meals being prepared in the main kitchen and also served by cafeteria staff. "I have received great satisfaction out of what I have tried to do".

Dennis is now looking forward to his retirement. "The hospital has always been a major priority in my life".

I would also like to thank all the many staff over the years for their co-operation and I wish both them and the hospital well".

# ENGINEERS DESK

The Halls Gap Experience -  
9 months on



Many of us will remember that a diverse group of Management and Supervisors was taken on a weekend retreat to Hall Gap (no partners allowed) in August 1987 to discuss many aspects of the hospital with respect to its' services, staff, public relations/image etc. Did it achieve anything, or was it just a "good weekend away"? Well 9 months have now passed since that weekend; so one could now anticipate some results. Has anything been born out of it?

There has been a greater appreciation of each other and the role we play in providing the best services to our patients (either directly or indirectly) and looking for ways to further improve that service. Many ideas have since been implemented.

There has been a greater appreciation by management of the talents of our staff, and this has been proved by allowing us to implement some of our ideas, many at significant cost.

We have greater exposure in the media, particularly late last year, for many of smaller departments in hospital to show our community some of the services we offer.

What are some of the ideas which have been implemented?

The main Sloss House entry foyer is now much more inviting than before. This helps to create a good image of the hospital to the patient or visitor from the time they first set foot in the door. This good image will be maintained if the staff are friendly and helpful during their stay with us.

The new Outpatients foyer and reception point, plus waiting room is similarly a much warmer and comfortable environment for the patients and visitors.

The brightening up of Queen Victoria entry area has improved a previously glum area into a much more attractive area.

These are but a small sample of the obvious tangible improvements which I believe would not have happened so quickly if it wasn't for the wider appreciation of our "community" which was gained from the weekend.

So, after 9 months, was born a UNITY OF PURPOSE not seen in this hospital for a long time. (This will be especially necessary for the success of our major redevelopment project which by a happy coincidence was also announced during May and the Work Practice Reviews which are about to be undertaken).

In invite anyone else to add to this list, things which have obviously been born from that weekend, for publication in the next issue of the Communicator. Please let me know - don't assume we have noticed ourselves.

There is still one question left unanswered:

Who were the parents?

Leigh D. Grigg  
CHIEF ENGINEER

#### PERSONALITY OF THE MONTH

AGE: 41 (the hospital's oldest teenager)

YEARS OF SERVICE: 11+

HEIGHT: 5' 11"

BUILD: Was a sex symbol - of the sixties!

SEX: Does a lot of talking about it.

LIKES: Gold, conversation, ladies, scottish accent.

DISLIKES: Moonstone, sales reps, beer (in small amounts), whispering, playing soccer - it wears your hair out (baldpatch).

FAVOURITE SAYING: (Unfortunately not fit for publication in this popular family magazine).

DEPARTMENT: Engineers - Painting

ANSWER: Somewhere else.



## WINNER



Sally Parrot (above) from the Finance Division was the hospitals individual winner of the Heart Week competition with 154 points. Points were awarded on the basis of participation during a one week period. Sally attended aerobic classes on 4 occasions, had a health assessment done, a cholesterol and exercise fitness test, walked her dog around Lake Wendouree and attended the highly successful "Low Fat B.B.Q." held in the Botanical Gardens at the conclusion of the week. Congratulations and well done Sally!

# SCHOOL TOURS



Sr. Annette Solly (above) gives an address to students from the Ballarat East High School.

No doubt many staff are by now aware that our hospital has been co-ordinating school tours, a program developed after the hospitals executive workshop last year agreed to expand its community projects. The regional education department headquarters and the Catholic schools diocese expressed a great interest to us which led to the development of the tour project. Although the tours have only been going a short time already over 500 students have been guided through by Gary Greville, Annette Solly & Maxine Noone. The tours provide an informative source for curriculum and career development. Other aims are to dispel possible fears by showing that our hospital is a friendly place, and also provide an informative program on the role of a hospital in its service capacity.

Already we have received many letters of appreciation from both students and teachers in relation to our tours.

So remember, if you come in contact with a school tour smile..... you're on show.

Gary Greville  
Tour Co-ordinator.



Ballantyne and  
Clermont College  
Junior School  
Stirling  
Ballantyne, Victoria

6/6/68

Dear Mr. Greville  
I have just received your letter of the 2nd inst.  
and am glad to hear that you are well.  
I am well and hope this letter finds you the same.  
I have not much news to write at present.  
I am still at the same school.  
I have just received my school report.  
I am doing well in all my subjects.  
I am still at the same school.  
I have just received my school report.  
I am doing well in all my subjects.

Yours faithfully  
Clermont

P.S. - Tell the Herts. they have some  
good ones for sale. I had  
the money for it & bought some  
for my mum.

Ballarat and Clarendon  
College  
Junior School.  
Sturt St,  
Ballarat,  
Victoria 3350  
6/6/1988

Dear Mr. Greville,

I thoroughly enjoyed the tour you took us on, through the hospital. The rehabilitation track was very creative and the delicious rubber was very real.

Mrs. Bennett's information was very good, especially about the 'Caesarean Section', I didn't know anything about that. I didn't know the kitchen was that big and

Mrs. Taylor wanted to know where to get those great big saucepan, for her stone soup. I saw the bed I was in when I broke my arm.

I really hope the florists raise more money to buy the beds that raise and lower,

yours faithfully,  
Dale Heard

P.S. The trip was very educational.

### SUPERANNUATION

1. Application for membership of the Old Hospitals Superannuation Board Scheme have closed. Details of the new scheme should be available shortly. Basically the new scheme involves at retirement only a lump sum payment, not a lump sum and pension as the old scheme. The 3% productivity increase relating to Superannuation areas that the employer pays the 3% not the staff member.
2. Staff members who joined the fund prior to approximately 1979 will have received an Election to Vary Contributions Form from the Hospitals Superannuation Board. Staff who joined the pension fund when it began in 1978 were eligible to pick up past service for pension entitlements, e.g. If you joined the hospital in 1968, the 10 years between 1968 & 1978 were counted towards years of service towards the pension scheme. For being able to pick up this past service staff had to pay extra contributions, in most cases an extra .1% to .6%. Therefore instead of 6% contributions, as staff employed since 1978 do, staff picking up past service paying say 6.2% or 6.5%.

With the new scheme this can be reduced to 6% by signing the form you have received. Your pension entitlements will not be affected if you reduce your contributions to 6%. Unless you wish to transfer to the new scheme DO NOT sign for either 3% or Nil. The forms have to be witnessed by a J.P., Commissioner for Affidavits etc. It is suggested that you bring the forms to the Personnel Officer who will witness them and forward them on. If you are unsure of any aspects or wish to elect to contribute either 3% or Nil, see the Personnel Officer to have the position explained.

**EXTRACT FROM PERSONNEL UPDATE.**

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## DIRECT BANKING

One of the conditions of the 2nd Tier Wage increase was that hospitals introduce Direct Banking for payment of salaries and wages. It is hoped to proceed with this as soon as is practical, possibly August/September. Pays can be deposited in either of the major banks - A.N.Z., National Australia, Westpac, Commonwealth or State Bank or the Ballarat Base Hospital Credit Union. At this stage it is not possible to have direct credits to Building Societies other credit co-ops or banks. Some of the features of the change to Direct Banking are:-

1. Pays can only be credited to one bank account.
2. Co-op deductions can still be made as at present.
3. Funds will be credited to Bank Accounts by Wednesday morning.
4. Accounts do not have to be at the Ballarat Head Office Branches, they can be at whatever branch is most convenient to you.
5. There will be a change in procedures as to holiday pays.
6. There will be a change in procedures as to holiday pays. Staff will now have their holiday pay in the bank on the pay day before they go on holidays. The pay for the week(s) worked just prior to going on leave, will be processed with the next normal pay.
7. Cheques will only be available for limited occurrences. E.G. When a timesheet is not submitted in time for the pay run.
8. Staff banking with the Co-op will, as at present, be limited to cash withdrawals of \$200 per time, however cheques of any amount may be withdrawn and cashed at the A.N.Z. Bank opposite the hospital. Further information sessions will be held to explain the new procedures to staff and Departmental Heads. Please complete a form at the pay office as soon as possible.

**EXTRACT FROM PERSONNEL UPDATE.**

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# BROAD'S BREWS

## DRIED FRUIT "HEALTHY" IDEAS

All suitable for winter's night supper treat.

### CURRENT LOAF

1 cup currants, )  
1 cup cold black tea, ) Soak overnight.  
1 cup raw sugar. )

Next day, add two cups self raising flour, stir well, bake moderate oven 1/2 - 3/4 hour using loaf tin. Serve buttered, best whilst still warm. Use within a day or two.

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### DATE BAR CAKE (No sugar, no eggs)

1 1/2 cups S.R. Wholemeal flour,  
3/4 cup wheat germ,  
1 1/2 cups dates, roughly chopped,  
1 1/2 cups skimmed milk (e.g. Rev) ) Liquified in  
1/2 cup sultanas. ) blender.

Pour the liquified mixture into dry ingredients and stir well. Bake in hot oven for 35 minutes. May be served topped with creamed ricotta cheese.

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### BRAN MUFFINS (for colon therapy!)

1 1/4 cup plain flour, 1 teasp. bicarb. soda,  
1 teasp. cinnamon, 1/2 cup sugar,  
1 3/4 cups processed bran, 4 ozs. raisins,  
1/2 cup vegetable oil, 1 1/2 cups milk,  
1 egg beaten.

Mix above ingredients together only till combined. Cover, refrigerate overnight.

Next day, put in well greased patty tins and bake in moderate oven 20 minutes. Serve with butter. (makes about 2 dozen).

Teenagers love them - reheat well in microwave if there's any left over.

# WINE LIST

## WINE WITHOUT CARE

That is without heed to the price. What would we drink if price was of no significance? What is the best wine in Australia?

I do not know the answer to that question. It is a matter of individual taste, but set out below is a guide to a range of wines from around Australia from which you can choose.



### Hunter Valley - N.S.W.

The wines from the Hunter are not for everyone. The best are superb but the renowned "sweaty saddle" character may offend some people.

Wines to look for are:-

- Tyrells Private Bin Hermitage and Hunter River Riesling.  
(Vat numbers 1-9).
- Tyrells Vat 47 Pinot Chardonnay.
- Tyrells Vat 45 Pinot Noir.
- Brokenwood Cabernet Sauvignon - Hermitage.
- Lakes Folly Cabernet Sauvignon.
- Lindemans Classic Releases Hunter River Burgundy.
- Rosemount Show Reserve Chardonnay.

### Murrumbidgee Irrigation Area - N.S.W.

De Bortoli's Botrytis Semillon Sauternes.

McWilliams Show Series Sherries.



### Victoria.

- Seppelt Salinger Champagne.
- Seppelt Great Western Vintage Brut Champagne 1985.
- Coldstream Hills Pinot Noir and Chardonnay.
- Mount Mary Pinot Noir.
- Tom Lazar's "Virgin Hills" Red Wine.
- Chateau Le Amon Cabernet and Hermitage.
- Redbank Sally's Paddock Red.
- Diamond Valley Pinot Noir.
- Baileys Gold Label Liqueur Muscat.
- Morris Old Premium Liqueur Tokay.
- Baileys Founder Liqueur Muscat.

### South Australia

- Croser Champagne.
- Yalumba "D" Champagne.
- Penfolds Grange Hermitage.
- Petaluma Coonawarra Cabernet.
- Petaluma Rhine Riesling.
- Lindemans Limestone Ridge Reds.
- Lindemans St. George Cabernet Sauvignon.
- Mildara Alexander's Blend.
- Lindemans Padthaway Chardonnay.

- Katnook Estate Wines.
- Henschke "Hill of Grace".
- Penfolds Magill Estate.
- Tollana Bin TR 222 Eden Valley Cabernet Sauvignon.
- Wolf Blass Black Label Reds.
- Tim Knappstein Enterprise Wines Rhine Riesling.
- David Wynn's Mountadam Wines.
- Orlando Steingarten Riesling.
- Peter Lehmann Botrytis Semillon Sauternes.
- Seppelt Show Series Sherries.
- Penfolds Grandfather Port.
- Saltrams Mr. Pickwick Port.

#### Western Australia

- Leeuwin Estate Wines.
- Cape Mentelle Cabernet Sauvignon.
- Cullens Cabernet Merlot.
- Chateau Xanandu Chardonnay.
- Sandalford "Sandalera" Rich old Maderia.

This is by no means an exhaustive list. Some wines on this cost \$40 or more per bottle and others \$10. Some are readily available and others hard to find. In Ballarat ask at Pleasant Park Tuckerbag, Murrays Goodfellows (Sturt St) or Stokade Stores (Armstrong Street Nth).

BACCHUS.

# SOCIAL CLUB NEWS

## SOCIAL CLUB: CALENDAR

- July 17th            Golf and Bowls family day - Mr. Xavier
- July 19th            "Good Morning Vietnam"    Vegas Cinema
- August 5th (tentative date) Social Bowls night Victoria  
Bowling Club.
- August 7th           Bus to Victoria Market
- August 9th           "The Last Emperor"    Vegas Cinema
- September 26th "Caribbean Gardens"    Market

Details of all above events will be circulated to all departments and will also be on the Social Club Notice boards - SO READ THEM.

Over 100 new members have joined the Social Club this year!

JOIN UP TODAY AT THE PAY OFFICE.....STILL ONLY 50c A WEEK.

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## ADDITIONS TO SOCIAL CLUB DISCOUNT LIST

WENDOUREE COLOUR WORLD - 20% off  
(914 Howitt Street, Wendouree next to Fishery Chick)  
Phone 381717.  
This is a genuine discount to members.

MATCH MATES 20% off  
(104 Sturt Street, Ballarat)  
Phone Robert Allen on 316322

STAN CASH - Creswick Plaza.  
Genuine discounts available to Social Club Members  
except for advertised lines.  
Phone 332866

## GENERAL INFORMATION FOR NEW AND EXISTING STAFF

The Committee would like to inform you of the benefits available, should you choose to become a member of the social club. The old saying:- "You can't please all the people all the time", still exists. But as a committee we try to offer as great a variety of activities as possible. The more support that we gain through membership means that we are able to pass more back to the members. I.E. Reduced cost for trips, some free functions and a greater variety of activities.

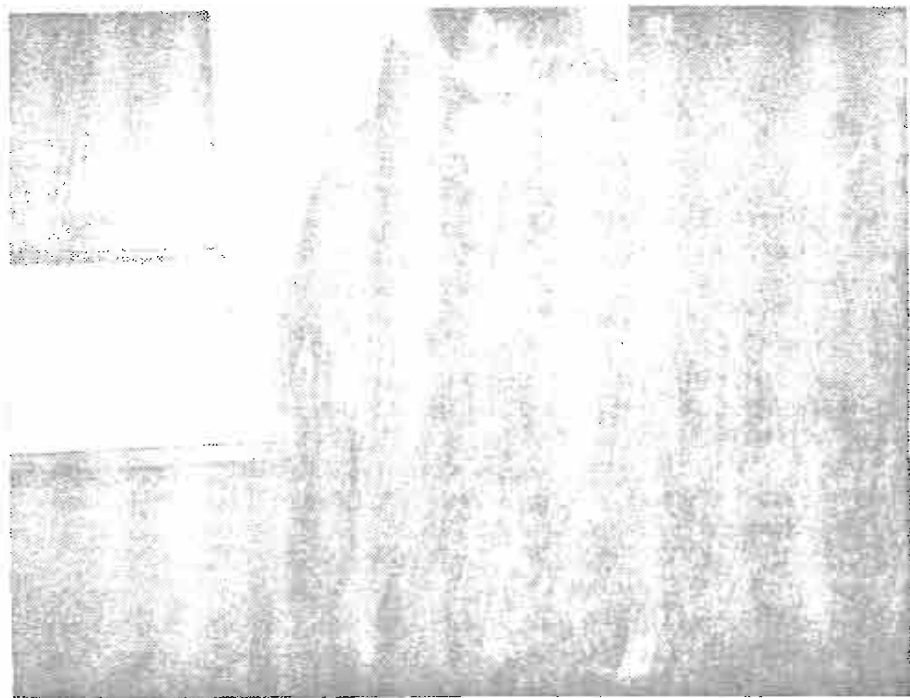
## ENTITLEMENTS AVAILABLE TO SOCIAL CLUB MEMBERS

Access to the Social Club room, this is situated in the basement area. (Directions: Take M.S.B. lift to basement, turn right and follow passage) There is a snooker table, table tennis tables, colour television and a piano (for musically inclined members). Close to the social club room is the recently completed gymnasium which is free to social club members. We also try to keep a variety of trips going such as the annual show weekend, Melbourne Warehouse shopping day, and live shows (generally in Melbourne) We also try to arrange a family bus trip to different places of interest and cinema nights. All of these we try to keep the costs as low as possible. Other activities include the annual snooker tournament and cricket fun nights. We strive to have the Social Club annual ball approx. mid year with a different theme each year. There is also one or two supper dances over the year. At the end of the year there is the childrens Christmas tree. The discount list is available to all members (from pay office or from a committee member), this consists of over 90 business houses ranging from:- books, travel, fashion, beauty, jewellers, florists and nurseries, floor covering and furnishing, electrical, hardware, cycles and car parts. We hope that this introduction will explain the different aspects of the social club. If you wish to become a member, then all you need do is fill out a form at the Pay Office.

**FOR ANY FURTHER INFORMATION CONTACT A COMMITTEE MEMBER.**

**G. GRRVILLR,**  
**PRESIDENT**

# SOCIAL CLUB BALL





# COMPETITION - WHO IS IT?

NO WINNER PRIZE TO  
JACKPOT TO \$40.00

Sr. Wyn Menadue was our cheeky "Cute Kid". It was good to see another great response to this competition, however we had no correct entries submitted and the prize of a \$20.00 counter meal for 2 at the Golden City Hotel in our competition will jackpot to 2 counter meals valued at a total of \$40.00.

If you think you know this "Cute Kid" who is currently working at our hospital, jot the name together with yours onto paper and send it to Gary Greville in General Administration. The winner will receive a \$40.00 counter meal for FOUR at the Golden City Hotel, compliments of the B.B.H. Social Club.

SO - BE IN IT TO WIN IT!

Clue - Ex-City boy!



# FOR SALE

3 Poe Lounge suite, Green fabric, no further use,  
converts to bed. Best offer Ph: 420755 evenings

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Kawasaki 250 GPZ Motor bike - 16000 KMS. Exc.  
condition, genuine sale \$1950 o.n.o Ph: 316395

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2 Washing machines

1 Frigidaire Semi auto \$25 o.n.o.

1 Twin Tub Hoovermatic \$30 o.n.o.

Both need some repair Ph: 424334 after hours

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Mini Bike Kawasaki in good condition \$400 o.n.o. Ph:  
424334 After hours.

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T.V. Kriesler 26" in cabinet going \$25. Black & White.  
Phone: 424334 after hours.

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Rowlands Keyboard - 5 octaves, 8 base rhythms, 8 music  
books plus user manual - \$400 ono Phone: 358833 A.H.

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Solid Oak Dressing Table with oval mirror, old style  
and possibly around 1940's \$85.00 ono. Phone 315636.

11 cubic Astor squareline fridge/freezer in excellent  
condition - both in appearance and running order.  
\$265.00. Phone 315636.

Small tiled top coffee table with magazine rack  
underneath \$20.00. Phone 315636.

Kerosine Heater, excellent condition \$40.00.  
Phone 315636.

2 Double bedspreads, brown tonings, one \$8.00 and one  
\$6.00. Phone 315636.

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One Gas "Modern Maid" wall oven. Good working order.  
Phone 302221.

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Weathabeeta Horse Rug, 5' 3" excellent condition \$60.  
Lavenham Horse Rug (Navy) 5' 6" New condition \$60.  
Phone 392057 after hours.

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Thoroughbred Mare 16.2hh in foal. Excellent bloodlines for breeding Thoroughbreds or Warmbloods. For further details regarding bloodlines and viewing of progeny etc. Phone 392057 after hours. GENUINE ENQUIRIES ONLY.

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HAPPY BIRTHDAY to Elva Harwood who was 50 on the 22nd July from all her friends and staff.

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## MEMO MAGIC

RICHARD A. ROPER  
BALLARAT HEARING CLINIC  
FLR. BOX 3000

Audiology Department  
Ballarat State Hospital

AUDIOLOGIST RICHARD ROPER  
Audiologist

AUDIOLOGY 17 JUL 72

MAXINE (Nagy).

This file contains details of the audiological movements over the last 5 years. It does not include movements before 7.00 am or after 4.00 pm but I'm sure you would feel free to request my personal diary if you wanted to check up on my social life, sex life etc. *Rich*

AUDIOLOGIST

## MAGAZINES WANTED!

Don't throw those old magazines away. Instead, round them up and bring them into Welfare Department. Your help in this area would be most appreciated.

PERSONALITY ANSWER:- John Thomas (painter)

## GOSSIP

Sandra Lorensini has been "running" well since returning from India. Is that little wog in her stomach a Moslem or a Hindu?

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## INPUT.

The Communicator is produced every two months for the staff at our Hospital. Input by staff from all areas within the Hospital would be most appreciated and should addressed to Gary Greville, General Administration.

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Special thanks to Frank Gray for his photography expertise.

Thanks also to Maxine and Robyn for their help in typing this Communicator.



GARY GREVILLE  
Production Manager



PETER LANE  
Editor in Chief