

Can I check your understanding?

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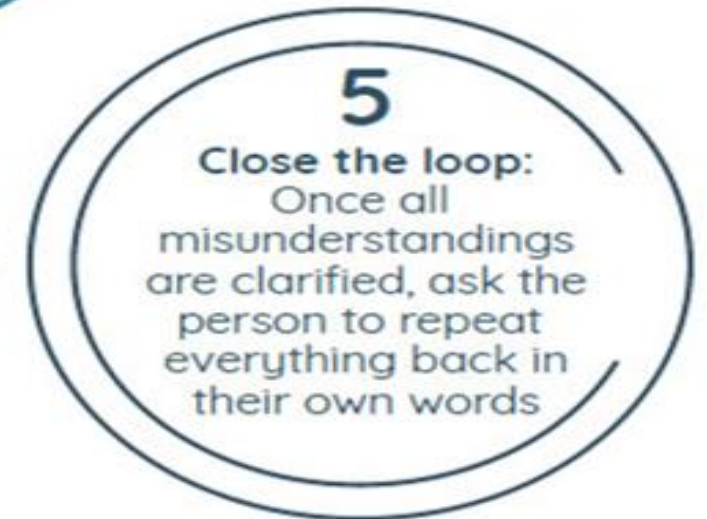
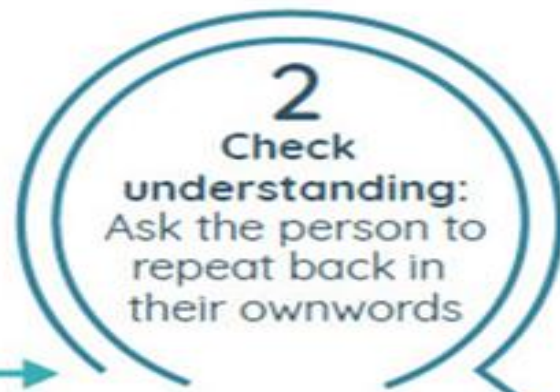
Background/Aim

- Up to 80% of healthcare information is forgotten immediately
- 50% recalled incorrectly
- Teach-back, an evidence-based communication approach, involves clients explaining back in their own words what they have been told.
- This study evaluated the use of teach back in a regional health service.





(Do you need to check the person's baseline understanding?)



Result/Conclusion

- Reinforced and helped clinicians' reflect on own practice.
- Highlighted specific areas for which the client needed further explanation to support a 'take home' message.
- Written and printed information supported closing the loop
- Increased clients understanding and supported decreased anxiety.

Implication for future practice

Useful to implement into practice.

- Issues with client with cognitive impairments
- Part time workforce

For future practice

- Teach back needed support via a champion
- Opportunities to observe other clinicians'
- Knowledge translation to new and rotational clinicians