

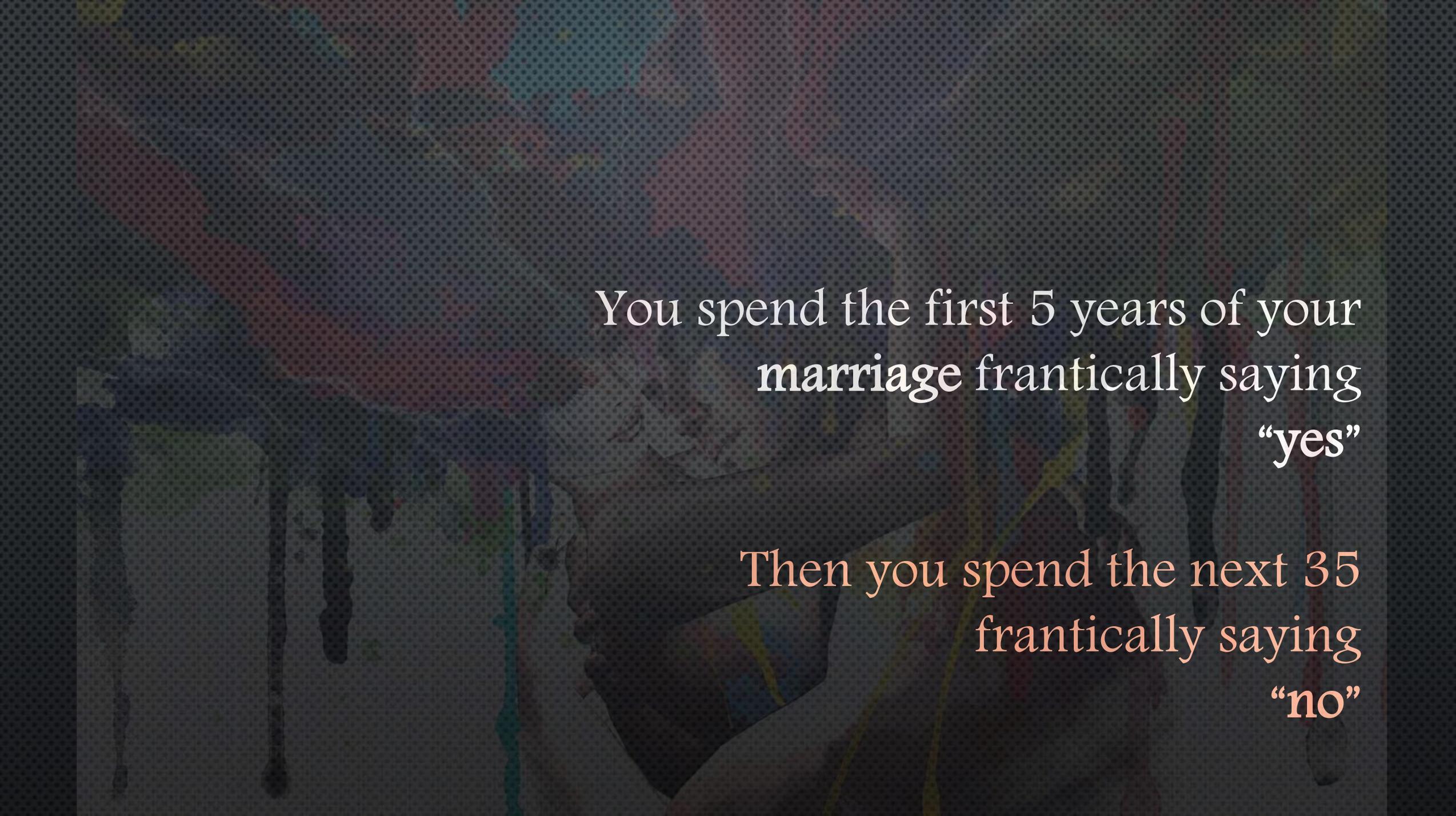


The Art of  
Organisation

Dr David Tickell

You spend the first 5 years of your consultant  
career frantically saying  
“yes”

Then you spend the next 35  
frantically saying  
“no”



You spend the first 5 years of your  
marriage frantically saying  
“yes”

Then you spend the next 35  
frantically saying  
“no”



**Me**  
(Paediatrician)

**Me**  
(Paediatrician)

**Social  
life**

**My wife**  
(Oncologist)

Private  
Practice

Teaching

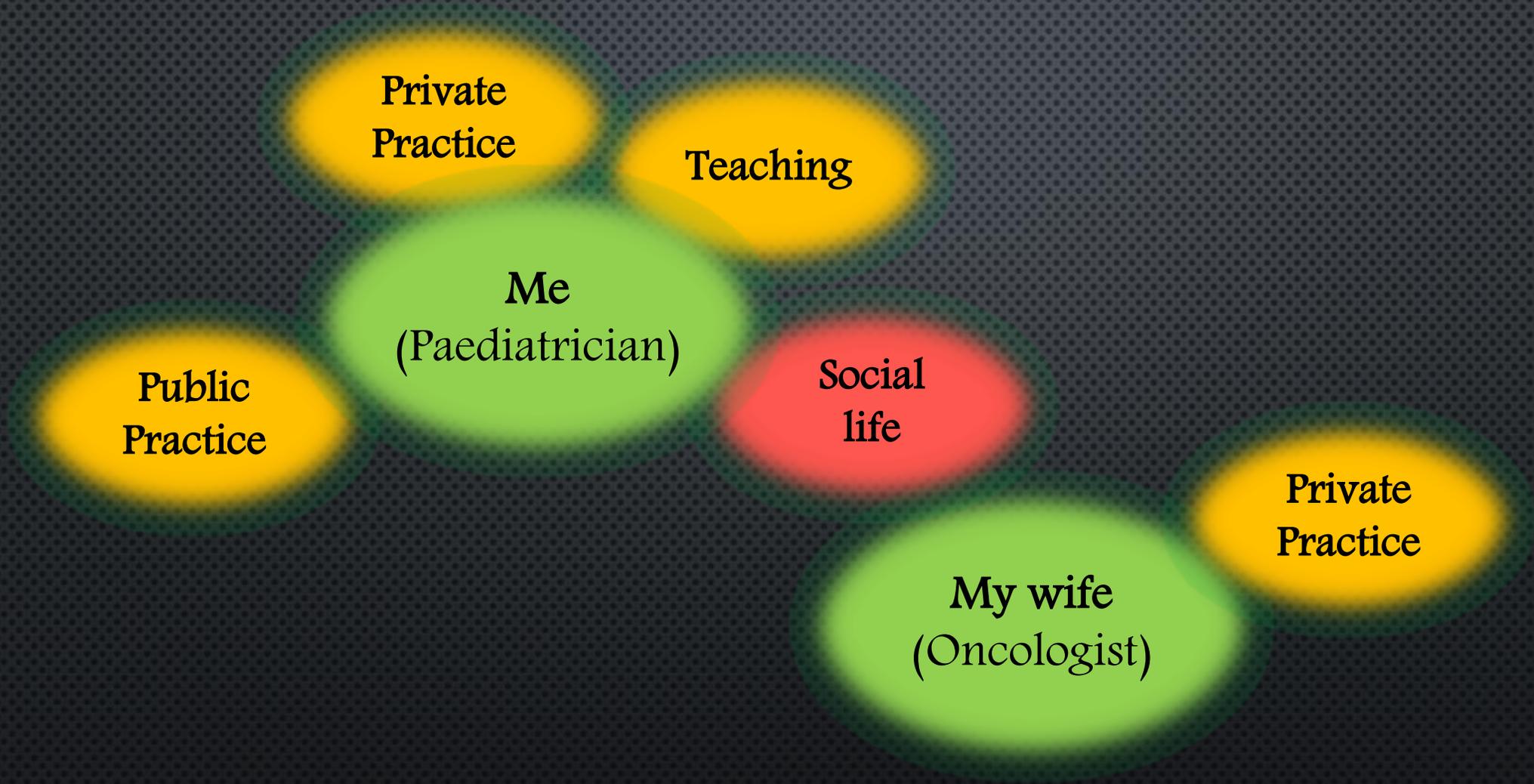
Me  
(Paediatrician)

Social  
life

Public  
Practice

Private  
Practice

My wife  
(Oncologist)



Outreach

Deakin

Private  
Practice

Uni Melb

Teaching

Me  
(Paediatrician)

Social  
life

Public  
Practice

Community  
Immigrant

Private  
Practice

My wife  
(Oncologist)

Outreach

Deakin

Private  
Practice

Uni Melb

Private  
neonates

Teaching

Me  
(Paediatrician)

Social  
life

Public  
Practice

Community  
Immigrant

Private  
Practice

My wife  
(Oncologist)

Cello

Outreach

Deakin

Private  
Practice

Uni Melb

Private  
neonates

Teaching

3 kids

Me  
(Paediatrician)

Social  
life

Public  
Practice

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Cello

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Private  
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Private  
neonates

Teaching

3 kids

Me  
(Paediatrician)

Social  
life

Public  
Practice

Private  
Practice

Head of  
Paeds

Community  
Immigrant

My wife  
(Oncologist)

Move to  
Ballarat

Cello

Outreach

Deakin

School/  
kinder

Sport

Private  
Practice

Uni Melb

Private  
neonates

Teaching

3 kids

Me  
(Paediatrician)

Social  
life

Parties

Public  
Practice

Private  
Practice

Head of  
Paeds

Community  
Immigrant

My wife  
(Oncologist)

Move to  
Ballarat

Cello

Outreach

Deakin

School/  
kinder

Sport

Private  
Practice

Uni Melb

Private  
neonates

Teaching

3 kids

Me  
(Paediatrician)

Social  
Life

Parties

Public  
Practice

Private  
Practice

Head of  
Feeds

Community  
Program

My wife  
(Oncologist)

Lymphoma

Move to  
Ballarat

Cello

Outreach

Deakin

School/  
kinder

Sport

Private  
Practice

Uni Melb

Private  
neonates

Teaching

3 kids

Me  
(Paediatrician)

Social  
Life

Parties

Public  
Practice

Private  
Practice

Head of  
Feeds

Community  
Program

My wife  
(Oncologist)

# Lymphoma

Move to  
Ballarat

Cello

Outreach

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School/  
kinder

Sport

Private  
Practice

Uni Melb

Private  
neonates

Teaching

3 kids

Me  
(Paediatrician)

Social  
life

Parties

Public  
Practice

Private  
Practice

Head of  
Paeds

Community  
Immigrant

My wife  
(Oncologist)

Move to  
Ballarat

Cello

The background is a dark, textured surface with a faint, colorful, abstract pattern. The pattern consists of various shapes and colors, including red, blue, yellow, and green, which are somewhat blurred and integrated into the dark background. The overall effect is a complex, multi-colored texture.

How?



How?

**Balance**



**Family**

**Social**

**Work**

**How?**

**Balance**



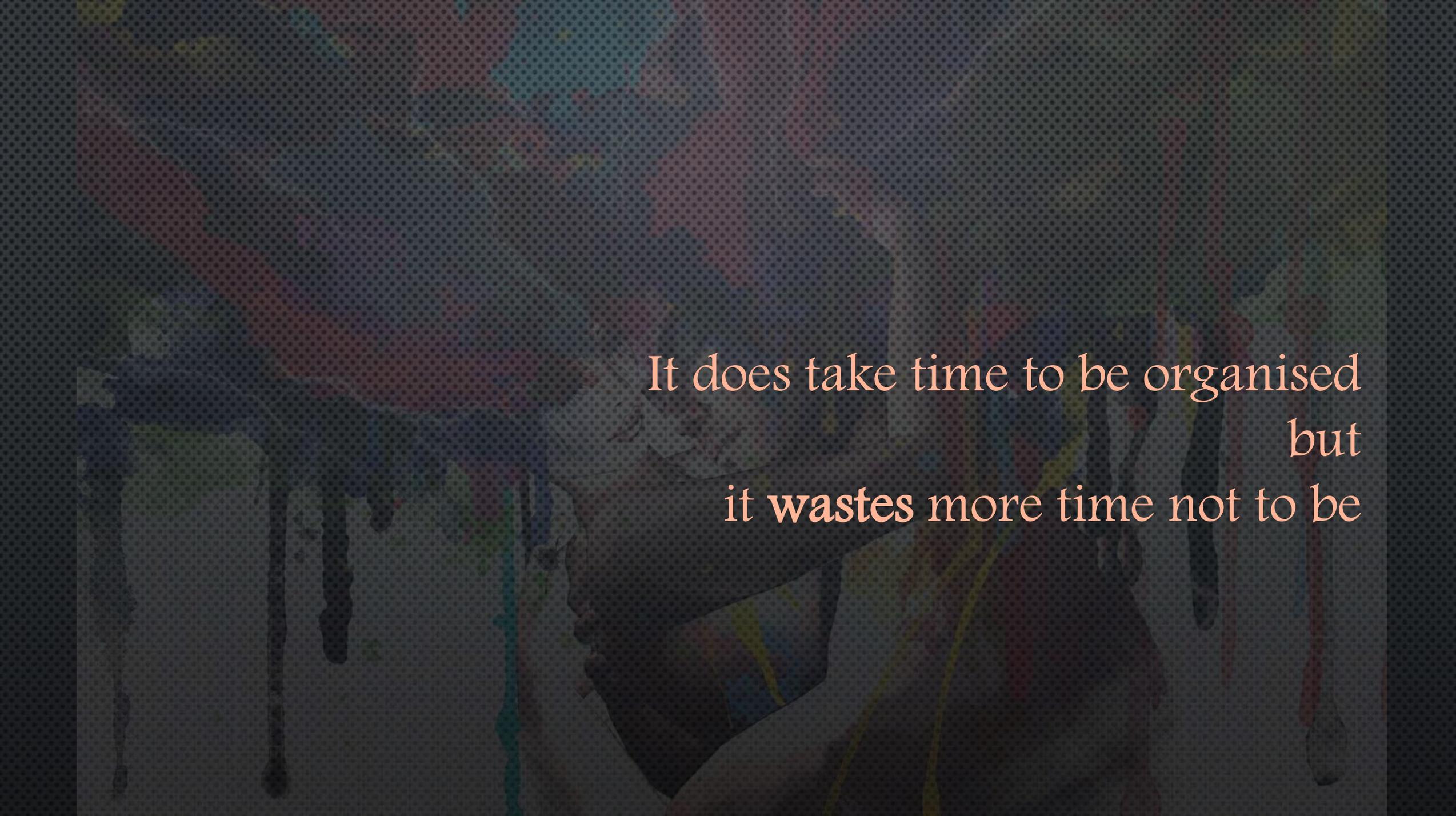
# Makeup & Bathroom

*Storage Tips For People With Lots Of Makeup*

[www.thateffortlessbitch.com.au](http://www.thateffortlessbitch.com.au)

How?

The Art of  
Organisation



It does take time to be organised  
but  
it **wastes** more time not to be

Ringfence

“To do” Lists

Routines

Reminders

Delegate

Diaries

Backup

File

Spreadsheets

Prioritise

Ringfence

Routines

Delegate

Backup

Spreadsheets

“To do” Lists

Reminders

Diaries

File

Prioritise



email

Outreach

Deakin

School/  
kinder

Sport

Private  
Practice

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3 kids

Me  
(Paediatrician)

Social  
life

Parties

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Practice

Private  
Practice

Head of  
Paeds

My wife  
(Oncologist)

Move to  
Ballarat

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Paeds

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(Oncologist)

Move to  
Ballarat

Cello



I believe that if life gives you lemons,  
you should make lemonade...

and try to find somebody whose life has  
given them vodka, and have a party.

Ron White, Comedian