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Welcome to the New Year and our January newsletter!
A collection of “newsy” items and updates from the unit to help keep us all in touch.

**WEDNESDAY BBQ
DATES FOR YOUR DIARY:**

Wednesday 11th January

Wednesday 18th February

Wednesday 25th March

ACCREDITATION UPDATE:

In preparation for this year’s accreditation, we have commenced the use of photo identification for all patients in the unit, who provide their consent. This is in line with safety and quality standards and an overall improvement for safe medication administration.

If you have any questions about this, please do not hesitate to ask one of the staff.

SAFEWARDS UPDATE:

We have begun implementing a few of the Safewards interventions around SECU- "Soft Words", "Mutual Help Meeting" and "Know Each Other". Feel free to ask staff about what we are doing with these interventions!

We will continue to roll out further interventions throughout the New Year, and now that the Victorian Government has officially announced the state wide rollout of Safewards in public mental health inpatient services we look forward to having access to more resources and creative ideas to help Sovereign House be a safe place for everyone!

THERAPY UPDATE:

After a few weeks break, the therapy program will be getting back into the swing of things over the next weeks.

A new timetable and ideas are being worked on at the moment, so feel free to put forward any suggestions!

CHRISTMAS LIGHTS TOUR 2016:

On Thursday 22nd December, we toured the Christmas Lights around the Ballarat area.
The photos below are of the lights we visited at Wallace, which were amazing!
A great time was had by all.

Photo 1: Christmas Lights Display at Wallace

Photo 2: Bec, Jordan, Paul and Carl with Narelle and Matt at the Wallace Lights



All people featured in this month's newsletter have provided their consent to be pictured.