

Ed. Essentials

Centre for Education and Training

November 2016



Josie Ashmore—CNE Retires after 47 years of service

My passion has always been Aged Care. I have seen many changes over the years. One of the biggest changes I participated in was the move to offsite facilities and I was present when Jack Lonsdale Lodge (JLL) was opened. The change from long “Nightingale” wards to single and double rooms in our facilities created a wonderful atmosphere for our residents. A fun memory from JLL was the official opening of the Chook Shed!

My role change from clinical nurse to nurse educator was a great challenge. I moved forward to the new role in my nursing career very tentatively. Thank you Denielle and Marilyn for taking me under your wing and guiding me through the change.

In the past 4 years I have also been involved in the education planning for the Wound Care Team. Thank you Marianne and Matt for making me feel welcome and part of the team.

The change from full time employment as a nurse/educator to retired lady of leisure will be a challenge. I am looking forward to spending time with my siblings, children, grandchildren, family and friends. Also some quality time with my sewing machine.

I would like to thank my workmates both past and present for their friendship, professionalism and contribution to my career.



See you around, I will be the one with the sewing machine and purple fabric! Preferably hopping on a plane or cruise boat. LOL

Josie Ashmore.

Centre for Education and Training
Editor: Carolyn Driscoll
Email: carolyn.driscoll@bhs.org.au
Ph: 5320 4749

For General Bookings and Enquiries for the Centre for Education and Training

Contact ERC Liaison on 5320 4384



Bookings and Enquiries for Continuing Nurse and Midwifery Education or Highway Model of Education

Contact Shayne Davis on

CET.administration@bhs.org.au

Or phone 5320-4038 (94038)

Josie Ashmore—CNE Retires after 47 years of service

It is not often that you are afforded an opportunity to acknowledge a nurse's contribution to the profession for the same number of years you have been alive!

Josie is the epitome of dedication, courage, kindness, empathy, caring and support. She has over 47 years given of herself to her work, residents, colleagues and learners. We sincerely wish Josie a fabulous retirement, may she spend every minute of it looking back with satisfaction and looking ahead with anticipation.

Retirement marks the end of working for BHS and the beginning of living for yourself.

Denielle Beardmore—Director of Clinical Education and Practice Development

CET Team Update

- Teri O'Dowd—CNE Critical Care has tendered her resignation from BHS to move back to Melbourne with her family. Terri's last day in the CET/BHS will be the 2nd December. We wish Teri and her family all the very best.
- Joanne Campbell will be returning to her role as of January 2017 as a Clinical Teacher in the CET after 10 months in Midwifery Services, welcome back Jo.

EN Medication Upskilling Program

The CET, in partnership with Federation University and Department of Health and Human Services, offered ENs from BHS and regional areas the opportunity to upskill to full Medication Endorsement. This has been offered in two parts and includes four modules: Analyse Health Administration and Administer and Monitor Medication in the Work Environment; Contribute to the Complex Care of Clients and Administer and Monitor Intravenous Medication in the Nursing Environment. A second upskilling program will be offered in the first half of 2017.

Pictured below are students practicing their clinical skills for complex care. These sessions are first conducted in a safe learning environment using simulation.



Masters in Nursing Practise – Critical Care 2016 Reflection

2016 saw 4 students undertake a Masters of Nursing specialising in Critical Care through Deakin University. This is a full academic year of study in conjunction with a lengthy clinical competency assessment schedule. It was a busy year for all students and for ICU. Weekly trips to Deakin University, Burwood starting at 5.45 and getting home to Ballarat at 6.30 certainly has its challenges when working in with rosters and family commitments. It is worth noting that this year, all students had added complexity in their personal lives for a variety of reasons but through hard work, supporting each other and self motivation, all students received excellent marks for all assessments. One student received high distinction for all four academic units!

This year all post graduate courses collaborated together in a variety of means. We all shared some joint orientation sessions such as library orientation, combined for a Advanced Life Support 2 day course and again came together for a combined Paediatric Study day. These joint ventures are designed to be more efficient in our time use, but also to break down barriers between departments, improve communication, and to foster collegiality and understanding of the pressures and requirement of each area of specialty nursing practice.

This year, we have also added more rotations between specialty areas with Peri—Op students spending 2 days in Critical Care, Emergency Students - 1 day in Critical Care. Our Critical Care then visited Anaesthetics for 1 day and spent 2 days down at Melbourne Private Hospital observing cardiac surgery and recovering the patient and nursing them in the Intensive Care unit. This is a valuable experience for our students. It is a terrific learning experience to see open heart surgery with the heart on view, bypass machine taking over heart and lung function and the surgery itself to correct coronary occlusion or valve repair. It also shows our students what their qualification can allow them to do and to recognise that they are well prepared for that.



Overall, it has been another terrific year and one that we have both received a lot of job satisfaction from. This year, I personally had a watershed moment, when Intensive Care was terribly busy with many critically unwell patients—ventilated, inotropic dependent, with other advanced therapy such as haemofiltration in progress. I looked around and realised that every nurse on had been one of my students and they were all doing what they were doing with a high level of skill and competence. I found this very rewarding indeed.



Overall we have had another successful year! One of the overarching things to come out of undertaking a post graduate course is the enduring friendships. And this year has been no exception.

Fiona Coates—CNE Critical Care

Celebrating 7 Years of PROMPT

This year we are celebrating seven years of PROMPT (PRactical Obstetric Multi-Professional Training). PROMPT is used to enhance childbirth safety and positive patient outcomes through collaborative group training that is easily modified to suit to a range of local clinical settings and environments. The Program was originally developed in the United Kingdom, with Australia and New Zealand acquiring the license for use in 2013. It is overseen locally by the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG).

The Program involves:

- Team work and training in management of maternity emergencies using simulation training;
- One-day course (to be attended annually);
- Delivered 'in-house' by local trainers and in the local environment;
- Flexibility to tailor to the wards needs or priority's;
- Focused on team training, effective communication and planning (situational awareness);
- Allow staff to practice for an emergency situation that happens quite infrequently;
- Allows for post-scenario debrief; thereby encouraging staff to reflect on their own practice.



Congratulations to Julie Lodge, Paul Davey and Mick Shaw.

