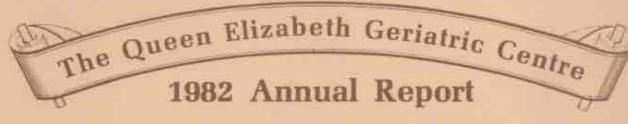


LIDRARY





125 Years of Community Service

LIDEARY

The Queen Elizabeth Geriatric Centre 125th Annual Report



OFFICE-BEARERS 1981-82

PRESIDENY:

G W. GLIVER

VICE-PRESIDENTS.

SENIOR W. R. CRAWFORD JUNIOR: J. LONSOALE

HON. TREASURER

J. A. THOMAS — (TO DECEMBER, 1981) E. J. GAY

BOARD OF MANAGEMENT:

C D. CHESTER, CHAS. H. CLAMP, W. R. CRAWFORD, G. B. CLITTER, (TO SEC-EMBER, 1981), G. R. EYRES, E. J. GAY, W. H. HENZ, R. S. HORSON, J.LONSGALE, W. B. MESSER, SIR ARTHUR MICHOLSON, Kt. O.B.E., IDECEASED - S. NOVEMBER, 1981), B. J. NOLAN, G. W. CLIVER, J. A. THOMAS, (TO DECEMBER, 1981).

AUDITORS

DRISCOLL, MEIVOR & Co.

SOLICITORS:

CUTHBERTS

MANAGER:

L.E. WALTER, F.H.A.



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Staff -

ADMINISTRATIVE STAFF

Assistant Managers
P. FRENDERGAST, B. Cont., M.H.A., F.H.A. Director of Personnel: A. GILBERT, A.A.I.F.M., M.R.P.A.A. Finance Officer: F. H. M. PETCH, FABALLHA Benistant Accountant Administrative Officers: S 10 SELEN, AASA, Dopins J WOTZKO, M.H.F. BALCOMP J. Digits. ARA (Pro-)

GENERAL SERVICES DEPARTMENTS.

Cataring Cirial Engineer Curetory W. STLIBBS Demustic Services Superviser: M. WATERHOUS Supply Officer

CENTRAL HIGHLANDS LINER SERVICE

Managari II BODI, A.A.J.M. H.J.C.T.C. Minist Eng.

PARAMEDICAL SERVICES

Co-ordinate

Alice D. BAUER, Dup DT.

Alice D. BAUERTT, B. App. Sc. (P.T.) (Rec 20/9/81).

Alice D. CAOMBELL, B. App. Sc. (Q.T.)

App. H. EEROSCOEL B. H. Thy. Dhy. Schools Sc.

Alice D. CAOMBELL, B. App. Sc. (Q.T.)

Alice D. CERNOVA B. App. Sc. (Q.T.)

Alice D. CERNOVA B. App. Sc. (Q.T.) (Rec 21/12/81)

Alice D. ADRIEL, B. App. Sc. (Q.T.) (Rec 21/12/81)

Alice D. ADRIEL, B. App. Sc. (Q.T.) (Rec 21/12/81)

Alice D. ADRIEL, B. C.)

Alice D. ADRIEL, B. App. Sc. (Q.T.) (Rec 21/12/81)

Alice D. ADRIEL, B. C.)

Alice D. ADRIEL, B. App. Sc. (Q.T.)

Alice D. ADRIEL, B. App. Sc. (Q.T.)

Alice D. ADRIEL, B. ADRIEL, B. App. Sc. (A.T.)

Alice D. ADRIEL, B. ADR Co-ordinated Alice D. BALER, Dull'T.

WALFARE DEPARTMENT

Welfore and Home Ears Services.

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MEDICAL STAFF.

Medical Superintendant

I HORLEY, M.R. B.S., I.R.C.E., M.R.C.S.,
D. Chin, R.C.C.C., M.R.C.P.,

Full Time Mailreal Officer: Dr. L. SWALWELL, M.H., E.S. (844, 25/4/87). Pullew In General Prestice:

Visiting Mudical Officers: D- M SCHRIEFE M.B. B.S. Dr. A. VAN DER KNIJFF, M.B. B.E. Empolana Madical Officers. Visiting Optometrics: Mr. D. H. DARDUIER, L.O. Sc. Consultant Pudlatrist: Mr. E. BORGWIAK, M.A.Post A. PHARMACY: White W. S. A. LMITTE E-PROPERTY F. R. S. Mine W. COCHERN, Ph. C. M.P.S.

DENTAL: Dv. G. V. BUISELL, B.O. SK

DISTITION

Miss B. GUDGEON, B.Sc. (faurities) Dip. Dieseller.

Beim Brime Supervisor: Mr. K. (Brach) Epres House: 810 Liner Street, Balleret, Supervisor, Mrs. R. LCADER Midlands House 701 Horman Sireet, Eathern Supervise, Mrs. J. H. Dires

Pleasury Home: 25 Discount Street, Bellianas Supervisor: Not. P. 1657ES.

NURSING STAFF Director of feering: DEN DE HA FEHA WACE

Deputy Director of Northy

Affacation Officer.
Mrs. T. ChiAcate, S.B.M., Op. William, F.C.Su.A.

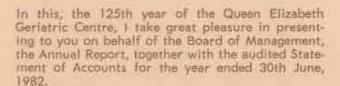
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Dell' Managers: Mrs. E. DEFFELER, S.R.M. Mrs. H. Alton, S.R.M. Mrs. S. MAINE, S.R.M.

Tutorial Department:
Wis D PASSALICK S.R.N. Dighter F.C.N.A.
Wis J BROOKER, S.R.N. Dighter F.C.N.A.
Wis J MARRIE S.R.N. Dighter F.C.N.A.
Mrs. M. WALEN, B.R.N.

Charge Sisters: Mrs. II SAPEY INN. MEL IN COLBOURNE SINN
MISS B COURANT, S.R.M.
MISS R DE VOSS SINN
M

President's Report 🥌



Board of Management

In accordance with Health Commission of Victoria requirements, our By Laws have been changed reducing the Board of Management from 15 to 12. In December, 1981, after 37 and 31 years service respectively, Mr. Geoff Gutter and Mr. Jim Thomas retired from the Board of Management. We are deeply indebted to these gentlemen for the life time of community service they have donated to the Queen Elizabeth Geriatric Centre.

On the 5th November, 1981, The Board of Management and Staff were saddened to learn of the death of Board Member Sir Arthur Nicholson, a member of the Board for 37 years. A tribute to Sir Arthur is included later in this Report.

Nursing Services

During the year there has been a significant strengthening of middle management, with the appointment of an Allocation Officer and six Area Coordinators. These appointments are in line with the Centre's policy of delegating responsibility for the rostering and allocation of staff to the appropriate ward areas.

Area Co-ordinators have been appointed so that responsible and effective management of nursing services is available 24 hours per day, and to provide close liaison with all departments within the Centre. They are aided by regular meetings with senior nursing personnel, to solve problems by open discussion, and to co-ordinate the services provided to the patient.

The Post Basic Geriatric Nursing Course continues to progress satisfactorily. State Registered Nurses from all over Victoria and Interstate are presently studying and working in the clinical areas within our Centre. Teaching Staff has been strengthened by the appointment of Sr. Jenny Brooker to the position of Co-ordinator of the Post Basic Geriatric Nursing Course.

The Board of Management is indebted to nursing services, who continue to maintain a high standard of professional nursing care and, at the same time, strive to Improve rehabilitation and socialisation programmes for residents.

Paramedical Services

Towards the end of 1981, the position of Special Projects Officer was created within the Department. The Special Projects Officer is responsible for research and study projects in areas primarily related to environmental and clinical care. The research studies undertaken relate to all disciplines within the Centre and are developed in conjunction with senior staff from all divisions. Some of the areas investigated include the public seating needs of elderly people in the Ballarat area, evaluation of arm chair seating of residents in the Centre, and a study into the prevalence of hypothermia in the elderly in the Ballarat region, in conjunction with Medical Services.

The Board of Management is extremely pleased that the therapeutic and socialisation programmes initiated by the Paramedical Department have again proved immensely successful. Following the success of previous holiday trips for residents, tours to Adelaide, Canberra and Phillip Island have taken place this year. We appreciate the help given by the various district nursing services, and Davis Lines for their invaluable assistance.

Mrs. Bon Edgar, Deputy Co-ordinator of Paramedical Services, retired on the 31st December, 1981. During her time at this Centre, Bon contributed significantly to the development of the Paramedical Department. The Board of Management extends its thanks to Mrs. Edgar for a job well done.

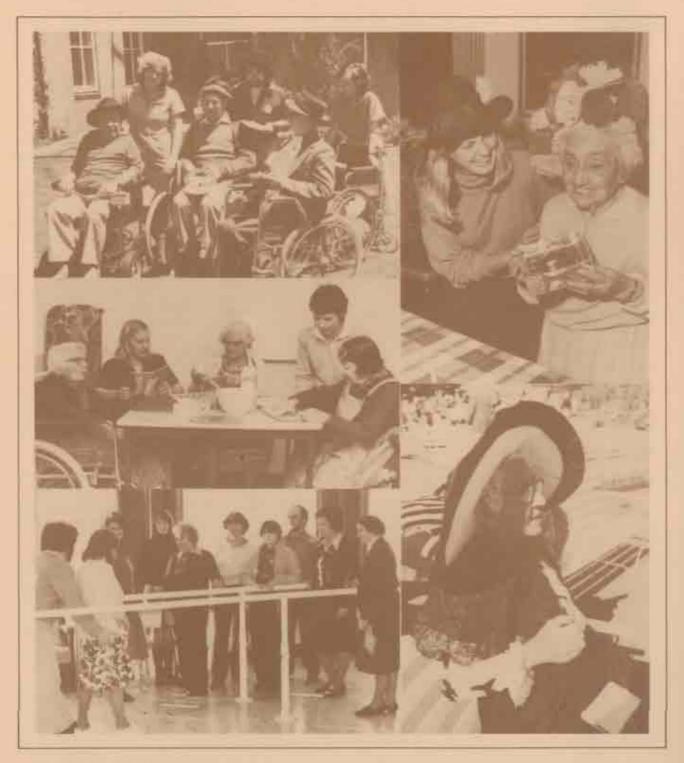
The New Year also saw the departure of Co-ordinator Miss Doreen Bauer to South Africa, to take up a 6 months guest lectureship at Stellenbosch University. The appointment bears witness to the considerable talent of Miss Bauer, and is not only an honour for her but also for this Centre.

The Paramedical Division has also continued its involvement in the clinical education programmes of students from Uncoln Institute. In addition, the division provides valuable training experience to State Enrolled Nursing Students, Post Basic Geriatric Nursing Students, work experience students from Ballarat Secondary Schools, and Community Health Students from the Ballarat College of Advanced Education.

Welfare

The recent introduction of the Emergency Cell Service is a further extension of the services provided by The Queen Elizabeth Geriatric Centre to assist people to remain at home.

It operates 24 hours, 7 days a week, giving immediate access for assistance in a crisis situation. Coded messages are transmitted from home via telephone to the digital receiver located at the central monitoring unit in the General Office. The receiver has the capacity to accommodate 999 persons. Transmission distance is virtually unlimited, and it



Anti-clockwise from top left -

Residents John Pool, Jim Storack and Lignol Perkins enjoying a Chicken and Champagne Melbourne Cup Day on the front Issues.

Paramedical assistants Marrianne Harris and Joan Johnson assisting residents in the remedial kitchen.

Physiotherapist Louis Puentedura demonstrating a resident's walking pattern to physiotherapists from the Mental Health Division.

Suitably dressed in period costume, Pleasant Home resident Mrs. Roby Bray enjoys the Colonial Be In-It Day.

Occupational Therapist Annabel Beggs with resident Miss Dorothy Hill, winner of the Easter Bonnet Farada.



is theoretically possible for a person living in London or New York to be connected to the system.

There are two separate units located in the recipient's home, the first being a hand set attached to clothing, with a button to be pressed in an emergency. The second is a desk top unit which is pressed daily at a given time to ensure that the system is functioning, and the person is "safe". Should the daily call not be received the monitoring clerk calls the recipient, and if there is no reply, an emergency condition is assumed.

Each recipient has three contact people, usually family, neighbours or friends who are willing and physically capable of going to their assistance at any hour. These people are fully informed of their responsibilities, and experience has shown the system to be most effective, particularly at night time. It has the adventage of providing security whilst remaining unobtrusive.

At present there are 25 people receiving the service, and it is anticipated that the number will expand as it gains recognition. This is only one of the many valued services provided by the Welfare Department, and will be of great future benefit to those who wish to continue living at home.

Medical Services

The J.B.1 Assessment Ward, opened in May, 1981, is now fully operational and functioning well, taking admissions from casualty, General Practitioners, and following home assessments carried out by our own Medical Staff. "Regional Involvement by Medical Staff has continued throughout the year, and has been enhanced by the addition to the Jeam of a Prosthetist/Orthotist.

Over the past 2 years, Medical Superintendent, Dr. John Hurley, has been a member of the Health Commission of Victoria's working party on extended care. I have no doubt that the findings of the working party will be of great benefit to the aged in the community.

In July, 1981, Dr. Hurley attended the International Geriatric Conference held in Hamburg, West Germany. From his attendance, the Centre has gained much valuable insight into likely future developments in Geriatric Medicine, and an understanding of current overseas Geriatric procedures. Dr. Hurley was able to visit a number of institutions in Denmark, the acknowledged European leaders in care of the elderly, and as a result has gained a greater understanding of the medical problems faced by the elderly.

Dr. Lindsay Swalwell, the Centre's full time Medical Officer, resigned in June, 1982, to return to General Practice. His experience and medical knowledge will be sadly missed by staff and residents alike. Dr. Alister Maiden retired from his position as Medical Officer to the Day Hospital in May, 1982. Dr. Meiden has been associated with the Day

Hospital for a number of years, and his expertise will also be missed.

The Australian Association of Gerontology held its first meeting outside Melbourne at this Centre in July, 1981. This was attended by Gerontologists from all over Australia and was most successful. The fact that we were the first country centre to host a meeting of this nature, bears witness to the high esteem with which we are held by our peers. This year The Health Commission of Victoria will hold its Annual Geriatric Conference at the Ballarat College of Advanced Education. This centre is to co-host the conference.

General Services

Following the compilation of work load statistics over a 9 month period, new work rosters have been introduced for all domestic staff. In conjunction, quality control and training programmes have been designed. The quality control programme is based on assessments carried out by trained assessors who visit at random various areas of the Centre each month, and assess the standard of cleaning from a resident's point of view. An overall performance figure is obtained, and the Domestic Services Department aims to improve this figure each month. In Service Training Programmes ensure that members of staff carry out their duties using the most effective methods.

An emergency procedure manual has been prepared, and with the kind assistance of the Country Fire Authority, Ballarat, State Emergency Services, Ballarat, The Ballarat and District Ambulance Service and The Country Fire Authority Training Centre, Fiskville, an evacuation film has been prepared to be shown to all present and future staff members. A number of evacuation drills were held during the year and valuable experience was gained from these.

Therapeutic gardening is very popular with residents, and with the assistance of Paramedical Services, our gardeners and volunteers provide this service 3 days a week. A weekly gardening group is also held at Eyers House, Pleasant Home, and fortnightly at Midlands. Support is also given to McCallum House.

There have been visits from the LaTrobe Valley Hospital, Beechworth Home for the Aged, Wimmera Base Hospital and the National Botanic Gardens to inspect our garden areas and therapeutic techniques. Visits have also been made to these Cantres to encourage similar programmes. Our gardens are maintained magnificently, and once again we were the recipients of a Begonia Festival Gardan Award. Congratulations to Mr. Bill Stubbs the Curator, and his hardworking staff.

From the 1st October, 1982, the general ledger system has been operating through Health Computing Services via Data Entry Terminal. This has enabled the residents' trust accounts to be transferred to the magnetic card machine, thus increasing the afficiency of clerical operations and offering a better financial service to residents. Assistance has been extended to Lakeside Hospital, Ballarat, whose payroll is now transmitted to Monash via our terminal, thus avoiding a duplication of scarce resources.

Approval has been received from The Health Commission of Victoria for the preparation of working plans for the new kitchen. Work is expected to commence in November of this year. The first stage, consisting of a plating line based on the paratherm system, and a centralized dishwashing process, will streamling the operations in the kitchen. Over 1 million meals were prepared during 1981/82 for residents and The Meals on Wheels Program, and this is expected to increase with the extension of domicillary care services in the next few years.

A shortage of funds has not hindered the effectiveness of the Maintenance Department. The regular maintenance programmes throughout the year were of the high standard we have come to expect, and new projects initiated were of the same efficiency.

Residents' Committee

This Committee was farmed on the 12th June, 1981, to enable residents a greater say in the day to day running of their Centre. It consists of 12 resident and 4 staff members, and-meets regularly to discuss problems encountered by residents, and offers suggestions for improving aspects of Centre Life.

It is the responsibility of each resident member to report back to his or her particular ward area on the items discussed at each meeting. Suggestions from residents are channelled through each Committee member, thus giving all residents the opportunity of having their ideas considered, and if thoughs appropriate, implemented. Staff committee members are on hand to provide any necessary assistance and information as it is required.

Active support has been given to the Committee and many decisions directly benefiting our residents' way of life have been made, including the introduction of a quarterly residents magazine, involvement in the selection of socialisation programmes, and changes in food distribution procedures.

Hostels

It is pleasing to note the development of the Midlanda Hostel in the 2 years since it opened. It now has a Social and Advisory Committee under the leadership of Mr. Keith Mackay, and residents take an active interest in the day to day affairs of the Hostel. The October fete was very successful, takings being in excess of \$1,700.00. The welcome. assistance of the hostel and day centre staff, gardeners, North Ballarat Technical School Students, and the Queen Elizabeth Geriatric Centre Ladies Auxiliary was most welcome. Throughout the year the Centre was host to a large number of visitors including parliamentarians, staff from other hostels and an increasing number of school students.

Residents of Eyre House were kept busy with such activities as therapeutic gardening, weekly craft and music sessions, volunteer visits, community singing, guide meetings and indoor and outdoor bowling. Residents participated in a 3 day trip to the snow at Mt. Buffalo, and a 5 day tour to Canberra and Adelaide.

At Pleasant Home, the accent again has been on social activities. On Melbourne Cup Day, 1981, a convivial afternoon was had by all, sipping champagne whilst the Cup was run. This was followed up in March by a "Colonial Be in It" Day attended by 500 people with special guest Mr. Kevin Heinze. Residents and staff were encouraged to dress in Colonial Dress and make bread, damper and scones in traditional style. The culinary results were enjoyed by all and washed down with billy tea.

Brim Brim Hostel Residents have taken advantage of the holiday program, as well as attending a number of day trips to Melbourne, and scenic areas within the Central Highlands Region. They provide vocal support to the local football team, and regularly attend the cinema and theatre. The Man From Snowy River was particularly popular, no doubt because of the similarity of the terrain.

Personnel.

In February, 1982, a one day orientation programme for all new staff members commenced, designed to provide new members with an overview of the functions of all divisions within the Centre. This, together with the introduction of a daily enquiry service has provided staff with ready access to information.

The Board of Management is acutely aware of the need for ongoing staff education courses, and during the year approval and financial support was given to 130 employees to attend external training courses covering all aspects of hospital work. Undoubtedly, our residents will benefit from the additional expertise of staff members.

Central Highlands Linen Service

It is pleasing to note that the linen service has again managed to avoid increasing its charges, thanks to sound manpower utilization and improved production efficiency. Linen requirements for all 14 participating institutions were satisfactorily met in terms of volume and quality of service. Output for the twelve months period totalled 2,033,865 kg, at an average of 39,113 kg per week, representing an increase of 10.2% from the previous years production. In order to maintain law

cost levels, cater for increased production and further improve operator efficiency, additional equipment and machinery was purchased and installed at a total cost of \$57,560,00.

In May 1982 the Victorian Laundry Discussion Group travelled to Ballarat to inspect the Linea Service. The 80 members of the group included representatives from all major institutional and private enterprise linen services in the state. All were impressed by what they saw, and a highly complimentary evaluation of the visit appears in the July issue of The Australian National Drycleaner.

COMPARATIVE OPERATING STATISTICS 1978/79 - 1981/82

	1978/79	1979/80	1980/81	1981/82
Total Linen Issued (kg)	732,694	1,665,082	1,856,582	2,033,865
Average Production per week (kg)	28,180	32,021	35,492	39,113
Service Charge per (kg) (c)	.55	.55	.55	.55
Number of Paid Staff	38	38	39.5	43
Number of Participating Institutions	8	10	1.4	14

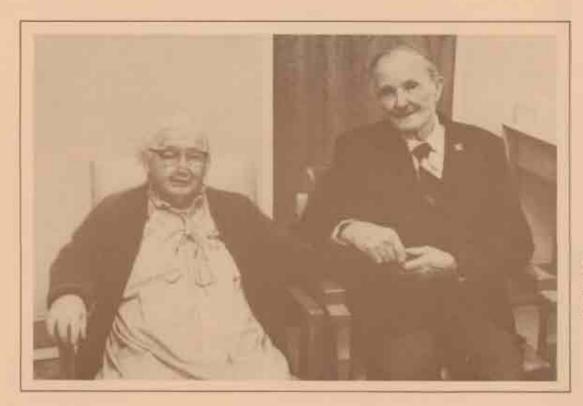
In Conclusion

I would like to express my appreciation for the assistance of the Board of Management throughout my year as President, and the dedication and application of the Staff at The Queen Elizabeth Geriatric Centre.

I am indebted to the Management and Staff of the Ballarat Courier, the Ballarat News, Radio 3BA and B.T.V.6 for their willing assistance throughout the year, I also wish to publicly thank the many individuals and organisations who service the Centre in so many ways.

G. W. OLIVER, President.





Mrs. Clarice and Mr. Albert (Burny) Parker calebrating their 62mt Wedding Anniversary on 6th June, 1982.



Anti-clockwise from top left —
A typical Ward (1911).
Some early residents (1909).
Ormond Launge (now demolished) 1920.
Official Opening of Pleasant Home by the Hon, Hugh Robertson, M.P., Minister for Social Services, on the 23nd June, 1958.
Sir Robert and Dama Pattle Membes at the opening of the Janes Biddlesombe Wing, 12th September, 1959.





The Pendulum Swings -

The Queen Elizabeth Geriatric Centre

"Long after the benevolent founders have feded into the infinite source of the past the kindly principles, which they have given form will like and bear practical fruit in the hearts of succeeding generations." "THE STAR", 1879.

On November 30, 1982, the Queen Elizabeth Geriatric Centre will celebrate the one hundred and twenty-fifth Anniversary of its foundation as the Ballarat Benevolent and Visiting Society. Perhaps the most remarkable feature of this one and a quarter centuries has been the pendulum swing from home care only in 1857 to predominantly institutional care until 1956 and then back in the direction of home care.

The Ballarat Benevolent and Visiting Society began through the community's response to the needs of some of its citizens who were in severe financial distress. Throughout its long history the organization has remained an integral part of the community. Social, economic and political changes have altered the needs of the citizens but there has been a willingness to initiate, often pioneer, programmes to deal with changing circumstances.

Although the Ballarat Benevolent and Visiting Society was formed to provide care for people "In their own habitations" the Committee rapidly realized that many people did not have suitable houses in which to live.

In 1860, a scant three years after its inception, the Ballarat Benevolent Asylum of eighty beds was opened.

initially, destitution was the basic criteria for admission. Thus, people of all ages became permanent or temporary residents. Young adults with chronic diseases or disabilities, frail elderly people, widows, orphans, unmarried mothers and their babies, all turned to the Asylum, albeit reluctantly.

From 1860 to 1968 the number of beds progressively grew from the original eighty to seven hundred and ninety. In 1865 the Committee's responsibility for children transferred to the new Ballarat Orphanage. Responsibility for the lying-in hospital, which primarily served young, single women, "in their hour of need", passed to the Ballarat District Hospital in 1926 when the first Maternity Ward was opened.

Gradually, the institution developed its present character, a refuge for frail and disabled elderly people who need skilled professional care.

Although the institution became its primary activity from 1860 the Society remained true to its original purposes until World War II. Home Care Services of varying types and intensities were developed according to community needs. Outdoor (ration) relief peaked in 1895 when a weekly average of 551 adults and 280 children received assistance. A handyman service was organized in 1875 to repair the "miserable dwellings inhabited in some instances by the poor of Ballarat". About this time the Committee also purchased "cheap and aultable habitations" to offer as temporary accommodation until a family returned to prosperity.

Responding to the special needs of the community has been a notable feature of the history of the organization In 1870 two disastrous floods caused havoc and destruction in Ballarat. A special collection provided funds of same 600 pounds for clothing, bedding, fivel and supplies which were dispensed by the Ladies' Clothing Society to the people affected. The 1876 Scarlet Fever epidemic was another example of the Committee's response to a major community challenge. At the request of the City and Town Councils the Ballarat Banevolent Asylum "readily undertook the charge of indigent families suffering from the fever." People were visited and treated at home by the Asylum's Doctor - Dr. Holthouse, Medical comforts and food were supplied and other assistance given as requested.

The depression of 1903 had a serious effect upon the activities of the Asylum because the government grant was dropped. The Committee was forced to revise the "dietary scales" because of the suddenly excessive price increases as well as a great demand for assistance. An average of 279 adults and 177 children received ration-relief weekly at this time. Some ten "passing vagrants" were fed and otherwise assisted each day. It wasn't until 1906 that the effects of this depression began to recede,

The 1930's saw another depression with consequent distress and social disorder. The Ballarat Benevolent Home again responded to the community's call. For example, it became the distribution point for 5,000 tons of firewood. Soup was prepared in the kitchens and delivered by volunteers to all

State Schools for serving during the morning recess. Some 2,000 vagrants received help despite the fact that many, in the pre dawn, "rolled our blankets and took off over the high fence".

The prosperity which followed World War II led the Committee to concentrate its efforts on developing the Institution. The demand for beds became "one of the most acute problems facing our country to-day". The Queen Elizabeth Home (as it became known in 1946) was under great pressure to bulld more and more nursing home wards. Because the new medical speciality of geriatrics was becoming well established in Britain and Europe the Committee decided that it was time to learn, first-hand, about new methods and programmes. Thus, an unprecedented step was taken and the Manager, Mr. Keith Mackay was sent on an overseas study tour in 1956. He brought back the then revolutionary ideas of rehabilitation, day care and home care.

The Committee entered into another chapter of change, development and controversy because the government was not ready to support the proposals. Controversy however, was not new. Reports from every decade since 1857 indicate that the activities and innovations of the Committees of Management were not supported by all factions, especially officialdom.

For example, in 1872 there was considerable dispute between the Committee and the government over the development and documentation of formal rules for admission, especially to out-door relief. The Committee believed that no settled rules could be set up "so varied and conflicting are the circumstances connected with applications". Every applicant was thoroughly looked into, visited at home, and reviewed each month. In 1872 an average of 717 people received out-door relief weekly and 300 people occupied beds in the Asylum. (The members of the Committee must have heaved a collective sigh of rallef in 1957 when the first Welfare Sister assumed responsibility for assessment). To-day there are still no settled rules for admission to services. A professional Judgement, based on the circumstances presented by an individual, is the common procedure throughout Victoria.

Considerable controversy erupted again in February, 1882. An editorial in the Melbourne "Argus" took the Ballarat Benevolent Asylum to task for having the temerity "to administer systematic out-door relief - an exercise of benevolence which is whally outside their functions". The Government Inspector, Mr. Neal, however, came to the Committee's defence. "The cases are dotted over a wild expanse of country, including bush and bush roads, such as would prevent, for instance, ladies' societies from visiting them".

When the rehabilitation, day care and home care programme were introduced in 1957 deputations were common as the Committee of Management was not encouraged by the government or the then, Hospital and Charitles Commission. However, persistence prevailed and the programmes pioneered have become established not only in Ballarat but in most Victorian communities. In 1964 the Councils and Shires of the region attempted to initiate a major development in conjunction with the Queen Elizabeth Home. It had been resolved that the Centre should act as the local government agent for the provision of home care services. Despite many deputations the "Home Care (Municipal) Committee" was unable to short-circuit the legislation which prohibited such a step. spirit of co-operation which initiated this attempt, however, has continued to permeate the development of community services by local governments, voluntary organization and the Q.E.G.C.

As the community faces the challenges of the decades ahead it is worthwhile to reflect on the past, to renew the patterns of development in response to changing circumstances and to learn from the experiences of our predecessors.

The words of the first President, Mr. James Oddle, are as pertinent to-day as they were in 1857.

> there is emple room and imperative need for more extended and systematic operations" to "Alleylate the sorrows and distress of those around them".

FOOTNOTE: Changing Titles Reflect Prevailing Approaches.

1857 — Ballarat Beravolent and Visiting Society. 1860 — Ballarat Benevolent Asylum.

1921 - Ballarat and District Berevolent Home and Materilly

Nospital.

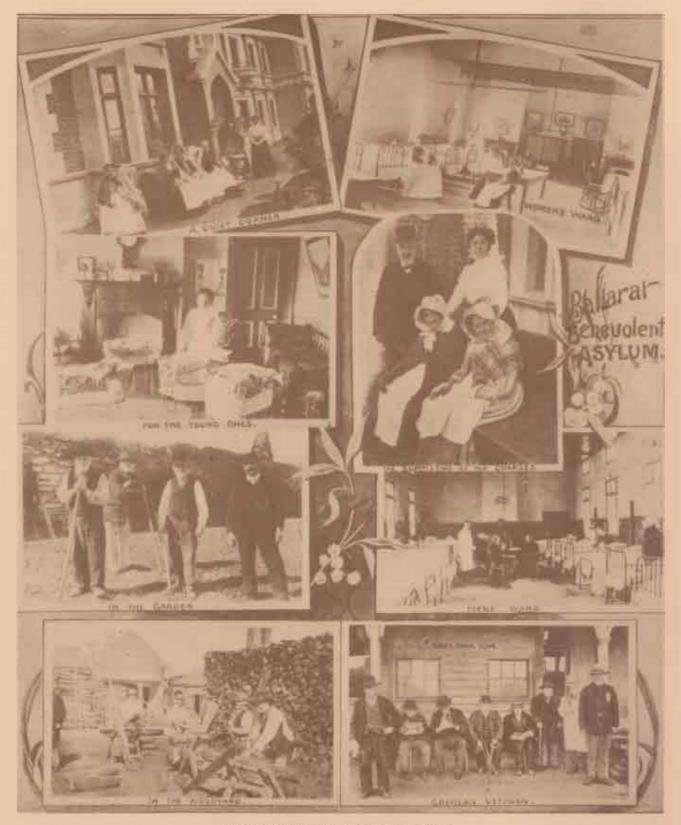
1926 - Ballarat Berevolest Home

1946 - Queen Elizabeth Benevolent Nome.

1956 - Quan Elizabeth Home.

1968 - Queen Elizabeth Geriatric Cantre.





Early Advertisement for the Centre (circa 1890).



1981-82 at The Queen Elizabeth Geriatric Centre 😞





1,213,976kg of Linen Processed



School of Nursing Trainees: 53 State Enrolled Nurses 12 Post Besic Sisters



2,053 Volunteer Hours Contributed



1,081,332 Mesle Served



49,878 Hostel Days 174,444 Nursing Home Days 18,387 Hospital Days



22,321 Day Hospital Attendances



58,153 Craft and Socialisation Sessions



13,800 Occupational Therapy Attendances



799 Total Staff



19,849 Physiothearpy Treatments



26,216 Domiciliary Care Visits

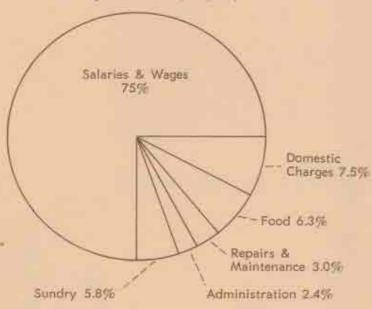


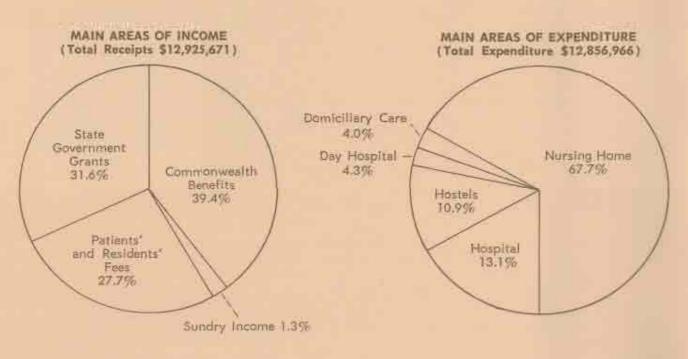
94% Occupancy



84,996 Meals Prepared for Meals on Wheels to deliver

MAJOR ITEMS OF EXPENSE (Total Expenditure \$12,856,966)





Sir Arthur W. Nicholson



Sir Arthur Nicholson, O.B.E., aged 78 years, died late on Thursday night, the 5th November, 1981.

Born in Wellington, New Zealand, in 1903, Sir Arthur was educated at Humffray Street State School, Ballarat High School and the School of Mines, Ballarat He was Principal of the Ballarat firm of A. W. Nicholson Proprietary Limited, and a life member of the Master Builders' Association of Ballarat. He was a council member of the School of Mines and Ballarat College of Advanced Education, and former Chairman of Clarendon College.

Sir Arthur was a leader in nearly every field of civic endeavour, noted for his involvement and leadership in library services over 26 years, both at a local and state level, and for his association with the Y.M.C.A. He was Chairman of the Ballarat Water Commission and Sewerage Authority from 1956 to 1976, and in this capacity was a member of the State Water Resources Council, a Foundation Member of the West Moorabool Water Board and Chairman of the Provincial Sewerage Authorities Association and Waterworks Trust Association. He was a Foundation Director of the Ballarat television station, BTV 6, only retiring in October, 1981. In 1968, Sir Arthur Nicholson became the founder member of the Ballarat Meals on Wheels Committee and was President of this Committee for 13 years.

His association with The Queen Elizabeth Geriatric Centre dates back to 1944. He was President of the Board of Management 3 times. Sir Arthur Nicholson's passing is a great loss to the people of our community, and he will long be remembered for his outstanding dedication, service, and leadership in many organisations and by people of all walks of life. In particular, the Board of Management expresses its sincere appreciation for the many many tireless hours spent by Sir Arthur working for and on behalf of The Queen Elizabeth Geriatric Centre.

The Volunteer Programme

The programme is designed to assist in developing the quality of life for elderly or disabled people living in our Centre and associated Hostels, through the recruitment of interested and caring people selected in accordance with the needs of residents and staff.

No matter what age, people enjoy and look forward to socialising with friends and participating in interesting activities. People develop their social interests and hobbies throughout life, and become more expert as time passes. Social interests and the ability to maintain and develop friendships is crucial to everyone's happiness, but is especially important for elderly people. With the growing awareness of our residents' social needs, a volunteer programme has been developed to supplement and work with staff paramedical and nursing teams.



Volunteer Margaret Pinkerton assisting younger disabled residents Mrs. Barbara De Deugd, Mrs. Judith Demeye and Mrs. Joyce McPharson in the remedial kitchen.



interest in their past experience and present activities. They become involved in activities that are regarded by many in the community as ordinary everyday home activities, such as newspaper reading, personal care, musical appreciation, crosswords, games, craft, cooking and outside excursions and trips.

Volunteers are encouraged to spend time with particular residents, and if possible to develop an

In the first six months of operation, 45 volunteers gave of their time in this most worthwhile venture. In addition, students from Ballarat's Secondary Schools are encouraged to participate to gain community experience, to learn of the care provided to elderly people, and to develop friendships with residents. Between 30 and 40 students per week are now participating in this venture.

The Centre is also indebted to the many community organisations who attend the Centre regularly to provide entertainment and socialisation. The number of activities now being held at the Centre has increased dramatically over the past few months, thanks to the contribution of those who give of their time for no other reward than the knowledge that they are providing joy to an elderly person.



Unit Management 🥌

The success of unit management in other hospitals has prompted the Board of Management of The Queen Elizabeth Geriatric Centre to investigate its potential benefits. The concept requires a structure of one or more semi-autonomous groups formed within wards, each under a unit manager given sufficient responsibility and authority to plan, to make and implement decisions, and to co-ordinate the activities of the ward other than those of a strictly technical nature. On technical and professional matters the unit specialist staff are supported by and are subject to the technical direction of their appropriate functional director.

All staff in a unit are in a position to participate in the planning and decision making of the day to day work of their unit. This results in a flexible group which can respond readily to the care needs of its patients and residents and readily adapt to changing demands.

Unit Management was introduced into the Medical Services Day Hospital area, Janet Biddlecombe Ground, Edward Wilson and North 1st Floor Wards on the 31-5-82. It was later discontinued on North 1st Floor Ward due to the ill health of Unit Manager Mrs. Betty Curren. The changes required before successful implementation were extensive and lengthy. In fact, the planning period took a long and busy seven months.

External help was obtained through consultation with the School of Business at the B.C.A.E., Mt. Helen, and our thanks are extended for the assistance and expert advice given by Mr. Max Brooke and staff. Following a planning meeting, one of their staff members was appointed to act as consultant to the introduction and implementation of the scheme

For staff involved, the seven months involved:-

- Regular weekly meetings to analyse the changes required, to plan deadlines and implement action to meet those deadlines.
- Many special meetings to co-ordinate action with staff of other departments.
- The preparation of job descriptions
- The preparation of staff requirements schedules.
- Assisting with the interviewing and appointment of unit staff.
- Preparation of detailed rosters and schedules
- Communicating impending changes to other staff members.

Unit Management is now progressing smoothly in the three areas. Staff have recognised the benefits it offers in co-operative decision making, and its influence on the lifestyle of residents is marked. Its introduction is an example to what can be achieved with the active co-operation of staff at all levels.



Ladies Auxiliary

To our Members and Friends, Ladies and Gentlemen,

I have the honour to present to you the 60th Annual Report covering the activities of the Aux-Iliary In the past twelve months.

Members

Our President, Mrs. F. Re, has had a very successful year of office, with all members fully supporting her in all functions.

Members dedication to the Auxiliary and residents of the Centre is fully reflected in the balance sheet presented.

The functions in private homes and general help to outside activities show the sincerity of each member.

We have added six new members this year. It is with sincere regret we record the passing of three valued members, Mrs. Gwen Whitelaw, Mrs. Mavis Quayle and Mrs. Muriel Spowars. Each of these ladies gave loyal service for many years. Their presence is sadly missed.

It is also with regret that we record the passing of our last foundation member, Mrs. Mona Hammer, who was actively involved with the Ladies Auxiliary from 1922 until 1955 when she moved away from Ballarat. The Board of Management honoured us by giving a Life Governorship to Mrs. Ann Quayle.



Auxiliary members wrapping Christmas presents for Centre residents.

Efforts

The annual Card Party raised \$138.14, Card Parties \$113.28, Coffee Parties \$1,021.08, Street Stall \$357.08, Annual Fete \$1,710.38, Fashion Parade \$912.76, Monthly Meetings \$46.88, Sale of Goods \$311.70. Miss Olive Conaughton donated \$80.00 from sale of goods donated by residents. Thanks to Mrs. Lewis for supplying nylon. To Mrs. Nell Pring who raised \$1,230.07, we say thank you Nell, and all with you a speedy recovery to good health. The total amount of donations received was \$709.50 from Clubs and friends. Special thanks to Bellarat Senior Citizens, Ascot Carry On Club, Mrs. McPhail, Mrs. Hammel, Miss Jenny Brown, Mrs. I. Parker, Sturt and St. Johns Lodge and Courier.

To all these very kind people who have worked so hard and given so generously, we express our sincere thanks.

Our hol and sewing afternoons have been very successful and close friendship has been maintained. The sewing afternoons have been held at M. Davies, D. Laurie, D. Barnett and G. Dillon. To all these people, thank you for opening your homes to us.

Christmas Tree

The Annual Christmas Tree was held on Friday the 11th December. This year the members made lavender sachets for all women residents to be included with their gifts of shortbread, sweets and powder. These percels were all packed with their usual love and sincerity attached.

Our members assisted Father Christmas' Crawford, Cutter, Thomas, Clamp and Chester to deliver the parcels and extend season's greetings to all. This year we delivered their gifts to Pleasant Home and Midlands Centre.

The President of the Board of Management, Mr. G. Oliver, Manager Mr. J. Welser, Director of Nursing Mrs. M. Campbell and Auxiliary President Mrs. F. Re, visited all wards wishing residents a Happy Christmas.

The Ballaret Senior Citizens Choir, with Mr. Matt. Campbell at the organ, entertained in Lederman Hall, while the members of the Junior Light Opera Company along with dancers entertained in all words.

To all these people we extend our thanks for their help. To all the Nursing Staff who gave us their free time to assist us, and have all residents so immaculate, as always, we say thank you all most sincerely.

Picnic

The Annual picnic was held at the Wendouree Municipal Hall again this year. It is an outing that is eagerly looked forward to by residents who have luncheon of turkey, ham, salads, fruit salad and ice cream.

Thanks to Olive Conaughton, Mary Redman and Cavid Bray for entertainment. Sincere thanks to all Nursing Staff for their loving help to the handicapped, it is a joy to us all to see them enjoying this function. Five buses transport them and take them for a drive after

Fathers' Day Sweets

Members delivered sweets to all men on this day to help them celebrate Fathers' Day.

Easter Eggs

Easter Eggs are given to all residents of the Centre and Hostels each year, although the eggs are getting smaller, our wishes remain the same.

Mothers' Day Posies

Members meet and make posies for each lady resident, then deliver and wish them well. The hospital wards receive tins of talcum powder also. Our thanks are extended to Mr. Bill Stubbs and his staff for growing flowers so that we can have the pleasure of making the posies, thus making our work easier.

This year we have given 2 Plumo Aide Machines for use by residents and four sets of garden furniture for Pleasant Home. Our goal of redesigning and re-furnishing N2 is nearing completion and is very successful.

Appreciation

This is only a short resume of our work during the year and in conclusion my most grateful thanks are extended to our President, Mrs. F. Re, Treasurer Mr. O. Eggleton, Assistant Treasurer Mrs. A. Lewis, Assistant Secretary and Press Correspondent Miss K. Miller.

To Mrs. Cassells and Mrs. Goodall, we say thank you for conducting card parties and to Nurse Filbey and staff for their co-operation.

To Mrs. Carvosso and Mrs. Marks for buying materials and sewing and all members who work so hard to stock stalls. To each and every member, thank you for your kindness and sincerity, help and co-operation at all times.





Sweets for Father's Day, courtery of the Ladles Auxillary.

On your behalf, I thank most sincerely, Manager Mr. J. Walter, Assistant Manager Mr. P. Prendergast, Director of Nursing Mrs. M. Campbell for help and guidance during the year

To Mr. Rothwell and Pat who are so helpful to us at all times and to all staff and office staff for their valuable assistance. To Mr P. Whitia who audits our books, many thanks. Special thanks are also extended to all our contributors and to the Ballarat Courier, their photographs and Brenda Nicholls for their excellent publicity and co-operation.

BERNEICE I. FERGUSON, Honorary Secretary.

THE QUEEN ELIZABETH GERIATRIC CENTRE LADIES' AUXILIARY Statement of Receipts and Payments 1981-82

RECEIPTS	EXPENDITURE
Batance brought forward 1/a/81 Functions Members ("Hor atternooms) Annual Card Party Monthly Card Party Carle Parties (2) Fete Street Stall Fashion Parade Christmas Treet Calle of Foods & 6.D General Donations Monthly Meetings Miss Consegnton Subscriptions Interest on Fixed Deposit Interest on Cheque Accounts	759.91 Petty Cairl, Secretary and Tressurer, Gifts & Bergaverment \$262.72 206.20 Advertising, Courier
**	(40/44/2)
Fixed Depoint Store Savings Blank No. 765 31/5/82	,000:00 Receipts

AUDITOR'S REPORT

I report that I have audited the books of the Ladles' Auxiliary of the Queen Elirabeth Geriatric Centre for the year ended 31st May, 1982, in my opinion the Statement of Receipts and Payments of the Auxiliary for the year ended 31st May, 1982, has been properly drawn up so as to give a true and fair view of the Auxiliary's affairs at the 31st May, 1982, and of the essuhs of its activities for the year ended on that date. Records elemined by me have, in my opinion, been properly maintained.

(Signed) PHILIP R. WHITLA, A.A.S.A.

President's Addendum

Looking over the past twelve months as president, I cannot speak highly enough of all the members who supported me during that time. With their help and understanding, my term of office was made much lighter

My special thanks go to Mrs. B. Ferguson Secretary, Mrs. O. Eggleton Treasurer, and Mrs. E. Miller Assistant Secretary. Sincere thanks to Mrs. M. Campbell Director of Nursing, for her untiring help and attendance at our meetings. Mrs. E. Cassells and Mrs. C. Goodall and hostesses, I warmly thank for their help at the card afternoons.

I would also like to express my gratitude to Mrs. N. Pring and Miss O. Conaughton, for their wonderful help during the past year.

To the Board of Management for their support and guidance at all times, many thanks.

Congratulations to our incoming President, Mrs. V. Morvell and all office bearers. May you also experience a successful and happy year as I did

VERONICA RE. President.

Estate and Charitable Trusts

Following is a list of amounts received from Estates of Deceased Persons and from Charitable Trusts including legacies, bequests and distributions of capital and income ;—

ANONYMOUS, The Trustees Executors & Agency Co. Ltd.	\$750.00
ANSTIS, M. A., per Evans & Metcalfe	938.77
BANNON, Ethel, per Relatives	2,968.37
BASAN, E. T. A. Charitable Trust, per The Union Fidelity Trustee Co.	700.00
BATTERS, Werge, per The Union Fidelity Trustee Co	400.00
BAXTER, Percy, Charitable Trust, per The Perpetual Executors &	district .
Trustees Association	17,000:00
BELL, Charitable Fund, per Aitken Walker & Strachan	2,500.00
BENNETT, L. M., per Heinz & Gordon	6,000.00
BRETT, R. C., per Whyte, Just & Moore	102.36
BUCKLAND, William, per The Trustees Executors & Agency Co. Ltd.	5,000.00
COLLIER, Charitable Fund	2,000.00
COX, Gertrude, per Baird & McGregor	200.00
DODDS, Euphemia, per The Union Fidelity Trustee Co.	5,758.36
DRISCOLL, Ellen R., per The Union Fidelity Trustee Co.	169.25
FELTON, Alfred, per The Trustees Executors & Agency Co. Ltd.	600.00
ELEMING I W as The Provide Laboratory Co. Ltd.	2,702.05
FLEMING, J. W. per The Perpetual Executors Trustees Association	
GERARD SHAW, Maude, per Alisteir Pirie Murphy & Co	1,270,64
GRAYLING, Jane, per The Union Fidelity Trustee Co	36.35
HARTWICK, Rose Elizabeth, per Harwood & Pincott	500.00
HECHT, M. & L., Trust, per Perpetual Executors & Trustees Association	2,000.00
HENRY, Rosetta, per The Union Fidelity Trustee Co.	2,165.79
HUNICHEN, G. F., per The Union Fidelity Trustee Co	1,000,00
LAMBERT, Rosa, per The Union Fidelity Trustee Co.	5,589.96
LANG, Richard, per Relatives	790.70
MATTHEWS, Hilda May, per Harwood & Pincott	11,320.29
ORBELL, E. P., per The Trustees Executors & Agency Co. Ltd.	2,900.00
PETHAND, George, per Pethand Tarax Charitable Trust	1,000,00
READ, Office, per Sewells	9,500.00
SAMUELS, H., per Darvill & Hambleton	2,000.00
SCHUTT, Helen M., per Pannell, Kerr & Forster	5,000:00
SCOTT, Daniel, per The Perpetual Executors Trustees Assoc; of Aust. Ltd.	1,000.00
SPOWART, M. M., per Heinz & Gordon	500.00
TREADWELL, E. C., per Relatives	500.00
TREVOR, Ada F., per Ramsay Gaunt & Fraser	36.86
WALKER, O. per Heinz & Gordon	2,000.00
WHITE, Hilton Bequest	4,500.00
WHITE, Joe, Bequest	7,000.00
WILKINSON, M. P., per The Perpetual Executors & Trustees Association	1,122.37
WILSON, Lewis J., per The Union Fidelity Trustee Co	12,836.51
AND THE RESERVE THE PROPERTY OF THE PROPERTY O	(14/1994)(6.1)







Anti-clockwise from top laft -

Japan, presents a clock to Manager Mr. John Walter in appreciation of the Cantre's hosting of visiting Japanese

The Centra's prize-winning entry in the 1982 Begonia Festival grand street procession. The late Mr. Fred Cornish (right) on his 102nd birtistay enjoying a stroll with friend Mr. Locksley O'Brien.

Life Governors

Abraham, J. L.
Adair, Mex. E.
Ardey, M.,
Atlan, J. V.
Allian, Mrs., A.
Arolarson, D. J.
Arolarson, Mrs., A.
Arolarson, Mrs. L.
Associa, Mrs. L.
Associa, Mrs. E.
Associa, Mrs. E.

Barley, L. H. Bailey, Miss C. Bailey, G. Barley, W. Barley, Mrs. H. Barnett, Miss & Barr, W. Barrier, Mrs. Pt. C.
Daul, A. J.
Bernall, A. J.
Black, Mrs. J.
Black, Mrs. J.
Black, C.
Black, C.
Boadte, N.
Borella, Miss P.
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Cadbury, A. H.
Caligner, P.
Californi, P.
Californi, P.
Cartery, J.
Carrinolps, N.
Carrinolps, N.
Carrinolps, N.
Carrinolps, N.
Cassey, O. J.
Cassey, O. J.
Cassey, C. J.
Cassey, M.
Cassey Cossim, Mes I, Cower, W. Creall, Mrs. 2 Creaty Mrs. 8. Creatord, J. G. Creatord, J. G. Crocker, F. E. Crocker, P. E. Crocker, P. E. Crocker, P. E. Crocker, M. A. Comman, M. M. Comman, M. M. Comman, M. M. Comman, G. M.

Dale, A
D'Array, B.
Davies, MYL E.
Davies, MYL E.
Davis, C. M.
Davis, Mrs. M.
Davis, Mrs. M.
Davis, Mrs. M.
Davis, Mrs. M.
Davison, E. E.
Dellacz, Min. J. A.
Dellacz, Min. J. A.
Dellacz, Mrs. M.
Dellacz, Mrs. M.
Dengsher, K. R.
Donald, Mins C.
Dellacz, Mins Mins M.
Dellacz, Mins C. Donald, Miss C
Domase, F W
Domase, Miss M
Dose, P, P
Dose, P, P
Dose, M. G
Down, M. G
Down, M. G
Domase, Miss M
Domase, Miss M
Domase, Miss M
Domase, Miss M
Domase, W

Edinopole, Mrs. E. C.
Estimand, B. W.
Esplenser, Mrs. C.
Eldridge, F. G.
Ellinst, Miles D.
Especial, Mrs. M.
Especial, Mrs. M.
Especial, Mrs. M.
Especial, B. D.
Eyres, O. R.

Form. O. E.

Forgular, Mais & Forgular, Mrs. E. J.

Forgular, Mrs. E. J.

Forgular, Mrs. E. J.

Forgular, Mrs. E. J.

Forgular, Mrs. E.

Forgular, Mrs. E.

Forgular, Mrs. E.

Forgular, M. S.

Forgular, R. S.

Forgular, A. S.

Forgular, A. S.

Forgular, A. S.

Forgular, A. S.

Forgular, R. S.

Galler, F. S.

Galler, F. S.

Galler, F. S.

Fryer, B
Care, F. C.
Gargell, R
Garlither, D. H.
Garlick, E. W.
Gay, E. J.
George, Muse M.
Gilson, H.
Gilson, M.
Gilson, M.
Gilson, M.
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Sendan, Mr. S. Mrs. G. C.
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Gradien, A.
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Hayde, Mr. D. A.
Hayden, A.
Handerson, A.
Handerson, G. H.
Handerson, Mr. A.
Handerson, Mr. E.
Handerson, Mr. E.
Handerson, Mr. E.
Handerson, Mr. E.
Hadderson, Mr. E.
Hadderson, R. S.
Hadderson, B. S.
Hadderson, M. J.
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Hadderson, Mr. E. B.
Hadderson, Mr. E. B.
Hadderson, Mr. E. B.
Hadderson, Mr. E.
Hadderson, Mr. G.
Hadderson, R. G.
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Lahren, M. L.
Karren, M. L.
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Kouredy, J.
Korlynn, A. M.
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Kork, Mrs. M.
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Colley, Mrs. M.

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Larrang, P.
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Lawin, Mrs. E.
Lawin, O. A.
Law, Mrs. I.
Latin, Mrs. E.
Lawin, O. A.
Lawin, Mrs. E.
Lawin, O. A.
Lawin, Mrs. E.
Law

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Gradiane, Mr.

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Hall, E. O.

Hall, E. O.

Hall, E. O.

Hall, Mrs. G.

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McConnille, Mrs. M.
McConnille, Mrs. B. H.
McDonnill, Mrs. W.
McConnille, Mrs. G.
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McRisery, Miss L.
McRisery, Miss L.
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Nallin, W. J.

Majin, W. J.
Mestor, D.
Mestor, D.
Mestor, B.
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Minosim, N. A.
Miller, B. J.
Minosim, M. J. C.
Muse, Mrs. B.
Minosim, Mrs. S.

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Fesch Mrs. M.
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Followshi D. J. J.
Followshi A. W.
Followshi A. W.
Followshi A. W.
Followshi A. W.
Followshi M. S.
Followshi M. S.
Fesch Mrs. C.
Fesch Mrs. A.
Fesch Mrs. A

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Pacel, Mr.
Raithfacht, Mrs. H. E.
Seynolder, G.
Haymaide, E. E.
Raymaide, E. E Seymoids, E. E.
Friberts And E.
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Richards, G. S.
Richards, J.
Richards, J.
Richards, Mary J.
Richards, G. T.
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Sharphond, F.V.
Sharphond, F.V.
Sharphond, G. A.
Sandalton, Mrs. M. E.
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Smith, E. E.
Sinith, K.
Smith, E. E.
Sinith, K.
Smith, E. E.
Sinith, K.
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Sandh, M. E.
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Espice, Mrs. L. K.
Espice, Mrs. L. K.
Espice, Mrs. L. K.
Espice, R.
Thomas, B. A.
Fromes, B.
Thomas, J. A.
Fromes, R.
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Fromes, R.
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Contributors -

Adair, Mrs. Edith, \$20; Adams, Estate of Late Geo., \$500; Alsorn, Mrs. C., \$30; Allen, Mr. H., \$5; Almeida, Miss F., \$20; Anderson, J. \$ B. \$10; "Anonymous" \$20,000; "Anonymous" \$100; "Anonymous", \$100; Australian Red Cross, Creswick Branch, \$50; Australian Timken Pty. Ltd., \$50.

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