

# Sovereign Snippets Winter 2017 Edition

This month we are wrapping June, July & August together to bring you a winter edition of the newsletter!

## **WEDNESDAY LUNCH DATES FOR YOUR DIARY:**

Wednesday 9<sup>th</sup> August

Wednesday 16<sup>th</sup> August

Wednesday 23<sup>rd</sup> August

## **WEEKLY GROUPS:**

Monday 10.30AM: Weekly SECU Meeting

Tuesday 11.00AM: Group-Cooking Activity

Thursday 11.00AM: Group-Cooking Activity

Friday 2.30PM: Delta Dogs

## **STAFF PROFILE:**



**Matthew**

Introducing our resident deep thinker, Matt.

Matt has worked in psychiatry for 20 years, with the majority of his time worked in Sovereign House.

Matt likes to spend time gardening when he is not at work.

All people featured in this month's newsletter have provided their consent to be pictured.

**FROM THE UNIT MANAGER:**

*Colleen Fryar (NUM)*

Hi all, our newsletter has changed to a seasonal format after a review by our therapy team and OT. We hope the new look and format will provide some more relevant information and the opportunity to contribute to the SECU community newsletter.

If you would like to contribute an article of interest, photo, recipe or just a general “newsy item” please forward them onto the therapy staff prior to the change of season.

I would like to thank all the staff and stakeholders who have contributed so far to this valued SECU communication and ask for continued support in the future.

As always, if you have any questions or concerns, please do not hesitate to ask one of the staff or myself.  
Kind regards, Colleen

**GENERAL WARD UPDATE:**

You'll notice some updates around the place with some painting to freshen things up. We are always keen to improve the ward and take on any feedback that you might have about the surroundings.

Another reminder that Sovereign House is a smoke-free facility, as per Ballarat Health Services policy.

**ACCREDITATION UPDATE:**

*Bree Achterbosch (Project Officer, Quality and Safety)*

We are twelve weeks away from our Hospital wide Accreditation!

External accreditors will visit all areas of Ballarat Health Services between October 31 and November 3. They assess the hospital to ensure that we meet the National Safety and Quality Health Services Standards (NSQHS) and National Standards for Mental Health Services (NSMHS) Standards which all hospitals across Australia are obligated to meet to demonstrate safe and effective patient care. You may have noticed a new board on the wall near the front entrance, we will be using this to communicate what the NSQHS and NSMHS Standards are and what we are doing in each of these areas. Accreditation is an exciting and busy time for us, so keep an eye on the board over next few weeks for developments!

**THERAPY UPDATE:**

We welcome Michelle, a new nurse, to the therapy role until December 2017. Michelle has taken a contract to replace Wendy, whilst she is on leave. We are looking forward to having new ideas and enthusiasm in the therapy team, so take note for some new things on offer over the coming weeks!

As we welcome Michelle, we will be saying goodbye to our highly valued Occupational Therapist, Ash, who has been with us for over 3 years, but is moving on to a new exciting chapter!